

ABSTRAK

PERBEDAAN EDUKASI MEDIA *LEAFLET* DAN METODE BERNYANYI TERHADAP TINDAKAN CUCI TANGAN ANAK SEKOLAH DASAR

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Bagian badan kita yang paling banyak terkontaminasi kuman adalah tangan yang bisa masuk ke lubang hidung, mulut dan mata saat tangan kotor, sehingga muncul jenis penyakit pada anak, seperti penyakit diare. Edukasi kesehatan memberikan informasi tindakan cuci tangan pada anak SD, menggunakan media leaflet dan metode bernyanyi. Tujuannya untuk mengetahui perbedaan edukasi media *leaflet* dan metode bernyanyi terhadap tindakan cuci tangan anak SD. Metode penelitian menggunakan desain penelitian quasi eksperimental dengan pendekatan pre test – post test group desain. 32 siswa kelas 5B SDN Pagesangan 426 Surabaya, seluruhnya dijadikan responden penelitian (total sampling). Variabel penelitian ini meliputi variabel bebas (media *leaflet* dan metode bernyanyi) dan variabel terikat (tindakan cuci tangan anak SD). Pengukuran cuci tangan menggunakan lembar observasi ceklist cuci tangan 6 langkah. Analisa univariat, aspek penyajian berupa data demografi siswa SD kelas 5B, disajikan dengan frekuensi dan presentase. Analisa bivariat, menggunakan uji *mann-whitney* untuk mengetahui adanya pengaruh, untuk mengetahui adanya perbedaan menggunakan uji *wilcoxon*. Hasil uji perbedaan media *leaflet* dan metode bernyanyi menunjukkan adanya peningkatan pada media *leaflet* antara sebelum dan sesudah dengan nilai rata-rata 0,00-0,56 dan didapatkan *p value* 0,001 ($<0,05$) artinya, terdapat pengaruh media leaflet terhadap Tindakan cuci tangan 6 langkah. Sedangkan kelompok metode bernyanyi menunjukkan adanya peningkatan antara sebelum dan sesudah dengan nilai rata-rata 0,00-0,94 dan didapatkan *p value* 0,000 ($<0,05$) artinya, terdapat pengaruh metode bernyanyi terhadap Tindakan cuci tangan 6 langkah. Dari hasil ini disimpulkan ada perbedaan antara media *leaflet* dan metode bernyanyi terhadap tindakan cuci tangan 6 langkah pada siswa kelas 5B SDN Pagesangan.

Kata kunci : edukasi, media leaflet, metode bernyanyi, Tindakan cuci tangan

ABSTRACT

DIFFERENCES IN LEAFLET MEDIA EDUCATION AND SINGING METHOD ON HAND WASHING ACTIONS PRIMARY SCHOOL CHILDREN

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The part of our body that is most contaminated with germs is the hands that can enter the nostrils, mouth and eyes when the hands are dirty, so that types of diseases appear in children, such as diarrhea. Health education provides information on hand washing actions in elementary school children, using leaflet media and singing methods. The aim is to determine the difference between leaflet media education and singing methods on hand washing actions of elementary school children. The research method used a quasi-experimental research design with a pre test - post test group design approach. 32 students of class 5B SDN Pagesangan 426 Surabaya, all used as research respondents (total sampling). The variables of this study include independent variables (leaflet media and singing method) and dependent variables (hand washing actions of elementary school children). Hand washing measurements using a 6-step hand washing checklist observation sheet. Univariate analysis, aspects of presentation in the form of demographic data of elementary school students in class 5B, presented with frequency and percentage. Bivariate analysis, using the mann-whitney test to determine the effect, to determine the difference using the wilcoxon test. The results of the difference test between leaflet media and singing method showed an increase in leaflet media between before and after with an average value of 0.00-0.56 and obtained a p value of 0.001 (<0.05), meaning that there was an effect of leaflet media on the 6-step hand washing action. While the singing method group showed an increase between before and after with an average value of 0.00-0.94 and obtained a p value of 0.000 (<0.05), meaning that there was an effect of the singing method on the 6-step hand washing action. From these results it is concluded that there is a difference between leaflet media and singing methods on the action of washing hands 6 steps in class 5B SDN Pagesangan.

Key words: education, leaflet media, singing method, hand washing