

DAFTAR SINGKATAN

ASI	: Air susu ibu
BBLR	: Berat badan lahir rendah
DASS 42	: <i>Depression anxiety stress scale 42</i>
PSQI	: <i>Pittsburgh sleep Quality index</i>
SPSS	: <i>Statistical package for the social sciences</i>
WHO	: <i>World Health Organization</i>