

KARYA ILMIAH AKHIR NERS

ASUHAN KEPERAWATAN RISIKO PERILAKU KEKERASAN PADA KLIEN SKIZOFRENIA TAK TERINCI DI RS JIWA MENUR PROVINSI JAWA TIMUR

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ABSTRAK

Introduksi: Masalah gangguan jiwa cenderung mengalami peningkatan disebabkan oleh peristiwa kehidupan yang penuh tekanan. Gangguan jiwa yang paling banyak ditemukan adalah skizofrenia. Gejala yang dijumpai salah satunya gejala positif yaitu perilaku kekerasan, baik dalam bentuk sedang berlangsung maupun riwayat atau risiko perilaku kekerasan. Penanganan pasien perlu dilakukan secara cepat dan tepat oleh tenaga kesehatan yang profesional termasuk dalam pemberian asuhan keperawatan. Studi kasus ini bertujuan untuk mengetahui gambaran asuhan keperawatan risiko perilaku kekerasan pada klien skizofrenia tak terinci di RS Jiwa Menur Provinsi Jawa Timur. **Metode:** Penelitian ini menggunakan metode studi kasus asuhan keperawatan dengan pendekatan proses keperawatan yang meliputi: pengkajian, diagnosis, perencanaan, pelaksanaan, dan evaluasi. Subyek studi kasus ini yaitu 2 klien skizofrenia tak terinci dengan masalah risiko perilaku kekerasan. Teknik pengumpulan data dengan wawancara, observasi dan pemeriksaan fisik, serta studi dokumentasi. Instrumen pengumpulan data menggunakan format asuhan keperawatan jiwa sesuai ketentuan yang berlaku di prodi Pendidikan Profesi Ners. Analisa data secara deskriptif. **Hasil:** Pengkajian: Alasan utama klien MRS karena marah-marah, ngomel-ngomel sendiri, merusak lingkungan, dan mengancam baik secara fisik maupun verbal. **Diagnosis:** Risiko perilaku kekerasan. **Perencanaan:** Pemberian strategi pelaksanaan (SP 1 – SP 5). **Pelaksanaan:** SP 1 – SP 5 dilaksanakan selama 6 hari. **Evaluasi:** Klien 1 mencapai SP 5 sedangkan klien 2 mencapai SP 4, keduanya belum optimal di hari terakhir. **Analisis:** Risiko perilaku kekerasan tidak terjadi pada kedua klien. **Diskusi:** Diharapkan seluruh profesi keperawatan yang bertugas lebih meningkatkan lagi perawatan klien dengan pemberian asuhan keperawatan, termasuk dalam penerapan SP terhadap masalah keperawatan risiko perilaku kekerasan.

Kata Kunci: Asuhan Keperawatan, Risiko Perilaku Kekerasan, Skizofrenia Tak Terinci

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NURSING CARE OF THE RISK OF VIOLENT BEHAVIOR IN UNDIFFERENTIATED SCHIZOPHRENIC CLIENTS AT THE RS JIWA MENUR PROVINSI JAWA TIMUR

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ABSTRACT

Introduction: *The problem of mental disorders tends to increased due to stressful life events. The most common mental disorder is schizophrenic. One of the symptoms found is positive symptoms, namely violent behavior, both in the form of on going and history or risk of violent behavior. Patient handling needs to be done quickly and precisely by professional health workers included in the provision of nursing care. This case study aims to determined the description of nursing care of the risk of violent behavior in undifferentiated schizophrenic clients at the RS Jiwa Menur Provinsi Jawa Timur.* **Methods:** *This research used case study method nursing care with a nursing process approach which included: assessment, diagnosis, planning, implementation, and evaluation. The subjects of this case study were 2 undifferentiated schizophrenic clients with nursing problems is risk of violent behavior. Data collection techniques were interviews, observation, and physical examination, as well as documentation studied. The data collection instrument used a mental nursing care format according to the applicable regulations in the Nursing Professional Education study program. Data analyzed is descriptive.* **Results:** *Assessment: The main reasons for the hospitalized clients were angry, nagging themselves, damaging the environment, and threatening both physically and verbally. Diagnosis: Risk of violent behavior. Planning: Provision of implementation strategy (SP 1 – SP 5). Implementation: SP 1 – SP 5 is carried out for 6 days. Evaluation: Client 1 reached SP 5 while client 2 reached SP 4, and both of which were not optimal on the last day.* **Analyze:** *The risk of violent behavior did not occur in both clients.* **Discussion:** *It is expected that all nursing profession on duty will further improved client care by providing nursing care, included the application of SP to nursing problems at risk of violent behavior.*

Keywords: *Nursing Care, Risk of Violent Behavior, Undifferentiated Schizophrenic / Unspecified Schizophrenic*