

## DAFTAR SINGKATAN

ADA	: <i>American Diabetes Association</i>
BBTT	: Baik Benar Terukur dan Teratur
BMI	: <i>Body Mass Index</i>
DM	: Diabetes Melitus
DNM	: Denyut Nadi Maksimal
FITT	: <i>Frequency Intensity Time dan Tipe</i>
GDA	: Gula Darah Acak
GDPT	: Glukosa Darah Puasa Terganggu
GLUT 4	: Glukosa Transporter 4
HBA1c	: Hemoglobin A1c
HDL	: <i>High Density Lipoprotein</i>
HHS	: <i>Hyperosmolar Hyperglycemic State</i>
HLD	: <i>High Level Design</i>
IDF	: <i>International Diabetes Federation</i>
LDL	: <i>Low Density Lipoprotein</i>
KAD	: Ketosiadosis diabetes
KGD	: Kadar Glukosa Darah
MET	: <i>Metabolic Equivalent of Task</i>
NIDDM	: <i>Non Insulin Dependent Diabetes Mellitus</i>
OHO	: Obat Hipoglikemik Oral
SOP	: Standar Operasional Prosedur
TGT	: Toleransi Glukosa Terganggu
TTGO	: Tes Toleransi Glukosa Oral
T2DM	: Type 2 Diabetes Mellitus
UKD	: Ulkus Kaki Diabetes
WHO	: <i>World Health Organization</i>