

## ABSTRAK

### **Pengaruh *Pop Up Book* Terhadap Kemampuan Mengenal Bagian Tubuh Anak Tunagrahita di SLB Samudra Lavender Bangkalan**

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**Latar Belakang:** Sistem Informasi Online Perlindungan Perempuan dan Anak 2021 menyatakan kasus kekerasan yang dialami anak berkebutuhan khusus mencapai 987 kasus di Indonesia. Pembelajaran pengenalan bagian tubuh harus diterapkan kepada anak tunagrahita untuk mencegah adanya pelecehan seksual. Pemberian media pembelajaran harus interaktif salah satunya yaitu *pop up book*.

**Metode:** Penelitian ini bertujuan untuk mengetahui pengaruh *pop up book* terhadap kemampuan mengenal bagian tubuh anak tunagrahita di SLB Samudra Lavender Bangkalan. Desain penelitian *Pre Eksperimental* dengan pendekatan *one group pretest – postest design*. Pengambilan sampel menggunakan metode *simple radom sampling* dengan jumlah sampel 20 responden. Instrumen penelitian menggunakan kuesioner berbentuk ceklis. Analisa data menggunakan uji *Wilcoxon*. Dokumen Laik Etik diperoleh dari KEPK Polkesbaya.

**Hasil:** Tingkat kemampuan anak tunagrahita sebelum diberikan intervensi hampir seluruhnya baik, setelah diberikan intervensi hampir seluruhnya baik. Analisis uji Wilcoxon didapatkan *p value* 0,002 yang berarti terdapat pengaruh *pop up book* terhadap kemampuan mengenal bagian tubuh anak tunagrahita di SLB Samudra Lavender Bangkalan.

**Kesimpulan:** *Pop up book* merupakan media belajar yang efektif untuk meningkatkan kemampuan anak tunagrahita dalam mengenal bagian tubuhnya, sehingga perlu diberikan secara terus menerus untuk mendapatkan hasil yang signifikan.

**Kata Kunci :** *Pop Up Book*, Bagian Tubuh, Anak tunagrahita

## ABSTRACT

### The Influence Of *Pop Up Books* On The Ability To Know The Body Parts Of Mentally Retarded Children in Special Needs School Samudra Lavender Bangkalan

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**Introduction:** The 2021 Online Information System for the Protection of Women and Children stated that violence experienced by special needs children reached 987 cases in Indonesia. Recognizing body parts should be applied to mentally retarded children to prevent sexual harassment. *Pop up books* is one of interactive learning media.

**Method:** This research aims to determine the *pop up books* effects on the ability to recognize body parts of mentally retarded children at Special Needs School Samudra Lavender Bangkalan. *Pre-Experimental* research design with a group *pretest – posttest design approach*. By using the simple random sampling method with *sample size* of 20 respondents, the research instrument uses questionnaire in checklist form. Data analysis used the *Wilcoxon* test. *Ethical Eligibility Documents obtained from KEPK Polkesbaya*.

**Result:** Their ability before being given intervention was almost good, after being given intervention all was good. Wilcoxon test analysis obtained p value of 0.002, which means that there is an influence of *pop up books* on the ability to recognize body parts of them at Special Needs School Samudra Lavender Bangkalan.

**Discussion / Conclusion:** *Pop up books* are an effective learning medium for improving their ability to recognize their body parts, so they need to be given continuously to get significant results.

**Keywords:** *Pop Up Book*, Body Parts, Children With Mental Retardation