

## ABSTRAK

### HUBUNGAN PERILAKU KLIEN PASCA STROKE DENGAN STATUS KESEHATAN BERDASARKAN TEORI PRECEDE-PROCEED

Muhsinaturrisa Raudhotul Hasanah

[muhsinaturrisarh@gmail.com](mailto:muhsinaturrisarh@gmail.com)

Dosen Pembimbing: Dr. Moch. Bahrudin, M.Kep., Sp.KMB., Hepta Nur Anugrahini, S.Kep., Ns., M.Kep.

**Latar Belakang:** Stroke merupakan suatu kondisi gawat yang menyerang pada neurologis secara mendadak yang menjadi salah satu penyebab kecacatan dan kematian tertinggi di dunia. Dampak stroke pada fisik yaitu adanya disabilitas dan ketidakbugaran dalam beraktivitas. Teori precede-proceed menjelaskan bahwa perilaku kesehatan dapat mempengaruhi status kesehatan seseorang. Tujuan penelitian ini untuk mengetahui hubungan perilaku klien pasca stroke dengan status kesehatan berdasarkan teori Precede-Proceed.

**Metode:** Penelitian ini merupakan penelitian analitik kolerasional dengan pendekatan *cross sectional*, populasi penelitian adalah klien pasca stroke di Puskesmas Pacar Keling Kota Surabaya. Sampel penelitian sebanyak 36 klien dengan teknik *total sampling*. Pengumpulan data menggunakan kuesioner perilaku kesehatan dan status kesehatan, sedangkan analisa data menggunakan uji spearman rank.

**Hasil:** Hasil penelitian klien pasca stroke berdasarkan perilaku kesehatan yaitu sebagian besar klien pasca stroke yaitu 24 orang (66,7%) memiliki perilaku kesehatan yang baik. Sedangkan status kesehatan klien pasca stroke yaitu sebagian besar klien pasca stroke sebanyak 25 orang (63,9%) status kesehatannya sehat. Hasil penelitian terdapat hubungan antara perilaku klien pasca stroke dengan status kesehatan ( $p=0,000$ ).

**Kesimpulan:** Ada hubungan antara perilaku klien pasca stroke dengan status kesehatan klien di Puskesmas Pacar Keling Kota Surabaya berdasarkan teori Precede-Proceed.

**Kata Kunci :** Perilaku, Klien Pasca Stroke, Status Kesehatan, Teori PRECEDE-PROCEED

## ***ABSTRACT***

### ***THE RELATIONSHIP BETWEEN BEHAVIOR OF POST STROKE CLIENTS WITH HEALTH STATUS BASED ON PRECEDE-PROCEED THEORY***

Muhsinaturrisa Raudhotul Hasanah

[muhsinaturrisarh@gmail.com](mailto:muhsinaturrisarh@gmail.com)

*Supervisor:* Dr. Moch. Bahrudin, M.Kep., Sp.KMB., Hepta Nur Anugrahini, S.Kep.,  
Ns., M.Kep.

**Background:** Stroke is a serious condition that attacks the neurological system suddenly and is one of the leading causes of disability and death in the world. The physical impact of stroke is the presence of disability and unfitnes in activities. The precede-proceed theory explains that health behavior can affect a person's health status. The purpose of this study was to determine the relationship between post-stroke client behavior and health status based on the Precede-Proceed theory.

**Methods:** This research is a correlational analytic research approach cross sectional, the study population was post-stroke clients at the Pacar Keling Health Center in Surabaya. The research sample is 36 clients with techniques total sampling. Data collection used health behavior and health status questionnaires, while data analysis used the Spearman rank test.

**Result:** The results of post-stroke client research based on health behavior, namely the majority of post-stroke clients, namely 24 people (66.7%) have good health behavior. While the health status of post-stroke clients, namely the majority of post-stroke clients as many as 25 people (63.9%) have healthy health status. The results of the study found a relationship between post-stroke client behavior and health status ( $p=0.000$ ).

**Conclusion:** There is a relationship between the behavior of post-stroke clients and the health status of clients at Pacar Keling Health Center in Surabaya, based on the Precede-Proceed theory.

**Keywords :** Behavior, Post Stroke Clients, Health Status, PRECEDE-PROCEED Theory