

## DAFTAR ARTI LAMBANG, SINGKATAN DAN ISTILAH

|                 |  |
|-----------------|--|
| Covid-19        | : <i>Corona Virus Disease 2019</i>               |
| %               | : Persentase                                     |
| PFC             | : <i>Problem Focused Coping</i>                  |
| EFC             | : <i>Emotional Focused Coping</i>                |
| PJJ             | : Pembelajaran Jarak Jauh                        |
| E-Learning      | : <i>Electronic Learning</i>                     |
| Daring          | : Dalam Jaringan                                 |
| HP              | : Handphone                                      |
| Wi-fi           | : <i>Wireless Fidelity</i>                       |
| NIMH            | : <i>The National Institute of Mental Health</i> |
| UU              | : Undang-undang                                  |
| SMA             | : Sekolah Menengah Atas                          |
| <i>Stressor</i> | : Pemicu Stress                                  |