

ABSTRAK

“Pengetahuan Ibu Tentang Cara Meningkatkan Imunitas Anak Balita Saat Masa Pandemi Covid-19 Di Desa Masangan Kulon Sidoarjo”

Sistem imunitas adalah sistem kekebalan tubuh yang mempunyai peran untuk menghancurkan dan mengenali sel abnormal yang merugikan untuk tubuh. Dampak yang timbul jika sistem imun anak rendah yaitu anak mudah terpapar infeksi virus dan penyakit, salah satunya mudah terpapar virus covid-19. Melonjaknya kasus corona pada anak di Indonesia memperlihatkan bahwa banyak ibu yang tidak faham pentingnya meningkatkan imun anak mereka. Tujuan penelitian ini yaitu mengetahui pengetahuan ibu tentang cara meningkatkan imunitas anak balita saat masa pandemi covid-19 di Desa Masangan Kulon, Sidoarjo berdasarkan umur, pendidikan, pekerjaan, dan sumber informasi.

Penelitian ini merupakan penelitian Deskriptif. Populasi penelitian ini adalah seluruh ibu yang memiliki anak balita yang tercatat di Posyandu 2A Griya Bhayangkara, Desa Masangan Kulon, Sidoarjo berjumlah 45 ibu. Sampel 45 ibu. Teknik yang digunakan total sampling Data dikumpulkan melalui kuesioner.

Hasil penelitian pengetahuan ibu tentang Cara meningkatkan imunitas anak balita hampir setengahnya memiliki pengetahuan kurang. Berdasarkan usia sebagian besar memiliki pengetahuan kurang pada umur 36-45 tahun. Berdasarkan pendidikan sebagian besar memiliki pengetahuan kurang berpendidikan SD. Berdasarkan pekerjaan hampir setengahnya memiliki pengetahuan kurang bekerja sebagai ibu rumah tangga atau tidak bekerja. Berdasarkan sumber informasi setengahnya memiliki pengetahuan kurang yang mendapat informasi melalui media masa.

Diharapkan ibu balita untuk selalu mencari informasi tentang cara meningkatkan imunitas pada balita untuk menambah ilmu pengetahuannya, dimana informasi tersebut dapat diperoleh melalui media cetak dan elektronik, konsultasi ke tenaga kesehatan, atau juga dengan mengikuti penyuluhan.

Kata kunci: pengetahuan, imunitas, balita, ibu, Covid-19

ABSTRACT

"Mother's Knowledge About How to Increase Immunity of Toddlers During the Covid-19 Pandemic In Masangan Kulon Village, Sidoarjo"

The immune system is the immune system that has a role to destroy and recognize abnormal cells that are harmful to the body. The impact that arises if the child's immune system is low is that the child is easily exposed to viral infections and diseases, one of which is easily exposed to the covid-19 virus. The surge in cases of corona in children in Indonesia shows that many mothers do not understand the importance of increasing their child's immunity. The purpose of this study was to determine the mother's knowledge about how to increase the immunity of children under five during the COVID-19 pandemic in Masangan Kulon Village, Sidoarjo based on age, education, occupation, and sources of information.

This research is a descriptive research. The population of this study were all mothers who had children under five who were recorded at Posyandu 2A Griya Bhayangkara, Masangan Kulon Village, Sidoarjo totaling 45 mothers. Sample of 45 mothers. The technique used is total sampling. Data were collected through a questionnaire.

The results of the research on mother's knowledge about how to increase the immunity of children under five almost half have less knowledge. Based on age, most have less knowledge at the age of 36-45 years. Based on education, most of them have less knowledge of elementary school education. By occupation, almost half of them have less knowledge of working as housewives or not working. Based on information sources, half of them have less knowledge who get information through mass media.

Mothers of toddlers are expected to always seek information about how to increase immunity in toddlers to increase their knowledge, where this information can be obtained through print and electronic media, consultation with health workers, or also by attending counseling..

Keywords: knowledge, immunity, toddler, mother, Covid-19