

## DAFTAR SINGKATAN

WHO	: <i>World Health Organization</i>
WBI	: <i>Web based games</i>
TBG	: <i>Text Based Game</i>
KBBI	: Kamus Besar Bahasa Indonesia
ICSD-3	: <i>International Classification of Sleep Disorder 3</i>
IAT	: <i>Internet Addiction Test</i>
PQSI	: <i>Pittsburgh Sleep Quality Index</i>
SPSS	: <i>Statistical Program For Social Science</i>
MMORTS	: <i>Massively Multiplayer Online Real-time Strategy</i>
MMORPG	: <i>Massively Multiplayer Online Role-Playing</i>
MMOFPS	: <i>Massively Multiplayer Online First Person Shooter</i>