

## ABSTRAK

### **PENGETAHUAN IBU TENTANG KOMPRES HANGAT PADA ANAK BALITA DEMAM DI POSYANDU GUNUNG WILIS KELURAHAN SEMEMI KECAMATAN BENOWO KOTA SURABAYA**

Oleh: Dhea Putri Magfihro

Demam adalah kondisi suhu tubuh diatas normal. Salah satu penatalaksanaan demam yaitu kompres hangat. Kompres hangat yaitu memberikan rasa hangat dengan kain/handuk yang dicelupkan pada air hangat, yang ditempelkan pada tubuh tertentu. Kurangnya pengetahuan ibu dalam penatalaksanaan demam khususnya kompres hangat mengakibatkan langkah ibu dalam melakukan tindakan menjadi keliru. Jika tidak ditangani dengan tepat mengakibatkan anak tidak nyaman, kejang demam, dehidrasi, hingga kehilangan kesadaran. Tujuan penelitian ini untuk mengetahui pengetahuan ibu tentang kompres hangat pada anak balita demam di Posyandu Gunung Wilis Kelurahan Sememi Kecamatan Benowo Kota Surabaya berdasarkan umur, pendidikan, pekerjaan, dan sumber informasi.

Jenis penelitian ini deskriptif dengan teknik *purposive sampling*. Populasi dalam penelitian ini yaitu ibu yang mempunyai anak usia balita yang tercatat di Posyandu Gunung Wilis di Sememi Jaya VII-A RT 07 RW 01 Kelurahan Sememi Kecamatan Benowo Kota Surabaya berjumlah 85 ibu dengan sampel 70 ibu. Data dikumpulkan melalui kuesioner.

Hasil penelitian pengetahuan ibu tentang kompres hangat pada anak balita demam hampir setengahnya (40,0%) berpengetahuan kurang. Hampir setengahnya (41,6%) ibu berpengetahuan kurang berumur 18-40 tahun. Hampir setengahnya (42,8%) ibu berpengetahuan kurang dengan pendidikan SMA/Sederajat. Hampir setengahnya (37,5%) ibu berpengetahuan kurang dengan pekerjaan ibu rumah tangga. Hampir setengahnya (34,8%) ibu berpengetahuan kurang yang mendapat informasi melalui media elektronik.

Kesimpulan penelitian ini diharapkan ibu untuk mencari informasi tentang penatalaksanaan demam khususnya kompres hangat agar menambah ilmu pengetahuan, dimana informasi tersebut dapat diperoleh melalui media cetak dan elektronik, konsultasi ke tenaga kesehatan, atau mengikuti penyuluhan.

Kata kunci : pengetahuan, demam, kompres hangat, balita, ibu, umur, pendidikan, pekerjaan, sumber informasi

## **ABSTRACT**

### ***Mother's Knowledge About Warm Compresses for Fever Toddlers in Posyandu Gunung Wilis, Sememi Village, Benowo District, Surabaya City***

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*Fever is a condition where the body temperature is above normal. One of the management of fever is warm compresses. A warm compress is to give a warm feeling with a cloth/towel dipped in warm water, which is attached to a certain body. Lack of knowledge of mothers in the management of fever, especially warm compresses resulted in the mother's steps in taking the action to be wrong. If not handled properly, it can cause the child to feel uncomfortable, febrile convulsions, dehydration, and even lose consciousness. The purpose of this study was to determine the mother's knowledge about warm compresses in children under five with fever at the Posyandu Gunung Wilis, Sememi Village, Benowo District, Surabaya City based on age, education, occupation, and sources of information.*

*This type of research is descriptive with purposive sampling technique. The population in this study were mothers who had children under five who were registered at the Gunung Wilis Posyandu in Sememi Jaya VII-A RT 07 RW 01 Sememi Village, Benowo District, Surabaya City, amounted to 85 mothers with a sample of 70 mothers. Data were collected through a questionnaire.*

*The results of the study of mother's knowledge about warm compresses in children under five with fever almost half (40.0%) lacked knowledge. Almost half (41.6%) of mothers with less knowledge are aged 18-40 years. Almost half (42.8%) of mothers have less knowledge with high school education/equivalent. Almost half (37.5%) of mothers have less knowledge about the work of housewives. Almost half (34.8%) of mothers with less knowledge received information through electronic media.*

*The conclusion of this study is that mothers are expected to seek information about the management of fever, especially warm compresses in order to increase knowledge, where this information can be obtained through print and electronic media, consultation with health workers, or attending counseling.*

*Keywords : knowledge, fever, warm compresses, toddler, mother, age, education, occupation, sources of information*