

ABSTRACT

Ministry of Health of the Republic of Indonesia
Health Polytechnic Ministry of Health Surabaya
Environmental Health Officer
Sanitation Study Program Diploma Three Program

Syadzwina Khairani Fifad

DESCRIPTION OF THE PERSONAL *HYGIENE* BEHAVIOR OF FOOD HOLDERERS AT MOBILE SNACK STANDS AROUND STATE MOJO ELEMENTARY SCHOOL SURABAYA

xv + 123 Pages + 17 Table + 5 Figure + 17 Attachment

In 2023, as many as 22% of diarrheal diseases are caused by Mobile Snack Food Outlets around SD Negeri Mojo Surabaya. Personal *hygiene* of food handlers at Mobile Snack Food Outlets around SD Negeri Mojo Surabaya still do not wash their hands with clean water before processing food. The purpose of this study is to describe the personal *hygiene* behavior of food handlers at Mobile Snack Food Outlets around Mojo State Elementary School, Surabaya

This study is a descriptive study with observational methods. From this research approach with cross sectional. The sample of this study used the purposive sampling method so that the sample size in this study was as many as 20 food handlers. Data collection tools are filling out questionnaires and observations. Descriptive data analysis using table.

The results of the study showed that personal *hygiene* knowledge in food handlers at Mobile Snack Food Outlets around Mojo State Elementary School, Surabaya was included in the good category of 55% and the fair category of 45%. Attitudes are included in the good category of 55% and the fair category of 45%. Actions fall into the good category of 15% and the fair category of 85%. Personal *hygiene* behavior is included in the category of sufficient 60%. Facilities and infrastructure are in the adequate category, namely 40% and the inadequate category is 60%. Peer support falls into the category of 35% support and 75% dissupport.

The personal *hygiene* behavior of food handlers at Mobile Snack Food Outlets around Mojo State Elementary School, Surabaya is categorized as sufficient so that it can cause diarrhea. It is hoped that the Health Center in the area will routinely provide education about personal *hygiene* behavior to food handlers at Mobile Snack Food Outlets around SD Negeri Mojo Surabaya.

Keywords : Behavior, Personal *Hygiene*, and Food Handlers

Reading list : 43 (33 journals and 10 books)

ABSTRAK

Kementerian Kesehatan RI
Politeknik Kesehatan Kemenkes Surabaya
Jurusan Kesehatan Lingkungan
Program Studi Sanitasi Program Diploma Tiga

Syadzwinah Khairani Fifad

GAMBARAN PERILAKU *PERSONAL HYGIENE* PENJAMAH MAKANAN GERAI PANGAN JAJANAN KELILING DI SEKITAR SD NEGERI MOJO SURABAYA

xv + 123 Halaman + 17 Tabel + 5 Gambar + 17 Lampiran

Pada tahun 2023 sebanyak 22% penyakit diare disebabkan oleh Gerai Pangan Jajanan Keliling di sekitar SD Negeri Mojo Surabaya. *Personal hygiene* dari penjamah makanan Gerai Pangan Jajanan Keliling di sekitar SD Negeri Mojo Surabaya masih belum mencuci tangan dengan air bersih sebelum mengolah pangan. Tujuan penelitian ini yaitu menggambarkan perilaku *personal hygiene* penjamah makanan pada Gerai Pangan Jajanan Keliling di sekitar SD Negeri Mojo Surabaya.

Penelitian ini adalah penelitian deskriptif dengan metode observasional. Bentuk pendekatan penelitian ini dengan *cross sectional*. Sampel penelitian ini menggunakan metode *purposive sampling* sehingga besar sampel dalam penelitian ini yaitu sebanyak 20 penjamah makanan. Alat pengumpulan data yaitu pengisian kuesioner dan observasi. Analisis data secara deskriptif menggunakan tabel.

Hasil penelitian menunjukkan bahwa pengetahuan *personal hygiene* pada penjamah makanan Gerai Pangan Jajanan Keliling di sekitar SD Negeri Mojo Surabaya termasuk dalam kategori baik 55% dan kategori cukup 45%. Sikap termasuk dalam kategori baik 55% dan kategori cukup 45%. Tindakan termasuk dalam kategori baik 15% dan kategori cukup 85%. Perilaku *personal hygiene* termasuk dalam kategori cukup sebesar 60%. Sarana dan prasarana dalam kategori memadai yaitu 40% dan kategori tidak memadai 60%. Dukungan teman sebaya termasuk dalam kategori mendukung 35% dan tidak mendukung 75%.

Perilaku *personal hygiene* penjamah makanan Gerai Pangan Jajanan Keliling di sekitar SD Negeri Mojo Surabaya berkategori cukup sehingga hal tersebut dapat menyebabkan penyakit diare. Diharapkan kepada pihak Puskesmas di wilayah tersebut agar rutin memberikan edukasi tentang perilaku *personal hygiene* kepada penjamah makanan Gerai Pangan Jajanan Keliling di Sekitar SD Negeri Mojo Surabaya.

Kata Kunci : Perilaku, *Personal Hygiene*, dan Penjamah Makanan

Daftar bacaan : 43 (33 jurnal dan 10 buku)