

**GAMBARAN TINGKAT PENGETAHUAN GIZI, KEPUASAN  
PELAYANAN, DAN KEPATUHAN KUNJUNGAN IBU BALITA  
DI POSYANDU DESA GANTING KABUPATEN SIDOARJO**

**ABSTRAK**

**Latar Belakang:** Keaktifan seorang ibu dalam tiap kegiatan posyandu sangat berpengaruh terhadap kunjungan guna memantau kondisi status gizi pada anak balitanya. Perilaku Kesehatan terhadap kunjungan ibu balita ke posyandu dipengaruhi oleh 3 faktor, yakni faktor predisposisi, pendukung, dan pendorong. **Tujuan:** Berdasarkan latar belakang masalah tersebut, peneliti melakukan penelitian ini dengan tujuan untuk mengetahui tingkat pengetahuan gizi, kepuasan pelayanan, dan kepatuhan ibu balita di Posyandu Desa Ganting Kabupaten Sidoarjo. **Metode:** Penelitian ini tergolong pada jenis penelitian kuantitatif serta desain penelitian dekriptif. Dengan jumlah populasi sebanyak 317, didapatkan sampel penelitian sebanyak 56 sebagai responden dari cara *Proportional simple random sampling*. Pengumpulan data dilakukan secara langsung melalui wawancara menggunakan kuisioner setelah mengisi lembar persetujuan (*Inform Consent*). **Hasil:** Hasil penelitian menunjukkan bahwa 91,1% (51 responden) memiliki tingkat pengetahuan gizi yang baik, 96,4% (54 responden) merasa sangat puas terhadap pelayanan di posyandu, dan 76,8% (43 responden) sudah patuh mengunjungi posyandu dengan menimbang berat badan anaknya  $\geq 4$  kali secara berturut-turut selama 6 bulan. **Kesimpulan:** Berdasarkan hasil penelitian, dari 51 ibu yang memiliki tingkat pengetahuan baik, terdapat 82,4% (42 responden) yang patuh mengunjungi posyandu untuk menimbang berat badan anaknya. Lalu dari 54 ibu yang merasa sangat puas, terdapat 79,6% (43 responden) yang patuh mengunjungi posyandu.

**Kata Kunci :** Pengetahuan Gizi, Kepuasan Pelayanan, Kunjungan Posyandu

**OVERVIEW OF THE LEVEL OF NUTRITION KNOWLEDGE, SERVICE  
SATISFACTION, AND COMPLIANCE OF VISITS BY MOTHERS OF  
TODDLERS AT POSYANDU GANTING VILLAGE,  
SIDOARJO REGENCY**

**ABSTRACT**

**Background:** A mother's activeness in each posyandu activity is very influential on visits to monitor the condition of nutritional status in her toddlers. Health behavior towards visits by mothers of toddlers to posyandu is influenced by 3 factors, namely predisposing, supporting, and encouraging factors. **Objective:** Based on the background of this problem, researchers conducted this research to determine the level of nutritional knowledge, service satisfaction, and compliance of mothers of toddlers at the Posyandu in Ganting Village, Sidoarjo Regency. **Method:** This research is classified as a type of quantitative research as well as a descriptive research design. With a population of 317, a research sample of 56 was obtained as respondents from the Proportional simple random sampling method. Data collection was carried out directly through interviews using questionnaires after filling out an informed consent form. **Results:** The results showed that 91.1% (51 respondents) had a good level of nutritional knowledge, 96.4% (54 respondents) felt very satisfied with the services at the posyandu, and 76.8% (43 respondents) had complied with visiting the posyandu by considering the child's weight is  $\geq 4$  times in a row for 6 months. **Conclusion:** Based on the results of the study, out of 51 mothers who had a good level of knowledge, there were 82.4% (42 respondents) who obediently visited the posyandu to weigh their children. Then of the 54 mothers who felt very satisfied, there were 79.6% (43 respondents) who obediently visited the posyandu.

**Keywords:** *Nutrition Knowledge, Service Satisfaction, Posyandu Visits*