

**HUBUNGAN PENGETAHUAN DAN KEPATUHAN IBU KE POSYANDU
DENGAN *TREND* PERTUMBUHAN BALITA DI POSYANDU DESA JATI,
KECAMATAN SIDOARJO, KABUPATEN SIDOARJO**

ABSTRAK

Latar Belakang. Serangkaian variabel mempengaruhi kecenderungan *trend* pertumbuhan balita, termasuk pengetahuan dan komitmen terhadap kunjungan ibu ke posyandu. **Tujuan Penelitian.** Menganalisis hubungan pengetahuan dan kepatuhan ibu ke posyandu dengan *trend* pertumbuhan balita di posyandu Desa Jati. **Metode Penelitian.** Analisis ini menggunakan pendekatan *cross sectional*. Pengambilan sampel dilakukan secara *simple random sampling*; 88 sampel diambil dari populasi 743 ibu balita. Data dikumpulkan melalui pengisian kuesioner tentang pengetahuan, tinjauan *trend* pertumbuhan balita, dan tinjauan buku kehadiran untuk menentukan kesesuaian kunjungan ibu ke posyandu. **Hasil Penelitian.** Dalam penelitian ini, ibu yang memiliki balita sebagian besar berusia di atas 25 tahun (72,7%), berpendidikan diploma atau sarjana (51,1%), sebagian besar adalah ibu rumah tangga (61,4%), berpengetahuan baik (72,7%), dan *trend* pertumbuhan balita sebagian besar konsisten dengan penambahan berat badan minimal 3 bulan (84,1%). **Kesimpulan.** Terdapat hubungan pada pengetahuan dan kepatuhan ibu ke posyandu dengan *trend* pertumbuhan balita di Posyandu. **Saran.** Meningkatkan dalam mengedukasi tentang pentingnya pemantauan pertumbuhan dan kehadiran ibu ke posyandu dengan memanfaatkan sosial media.

Kata kunci: Pengetahuan Ibu, Kepatuhan Kunjungan Ibu, *Trend* Pertumbuhan Balita

The Relationship Between Mothers' Knowledge and Compliance with Posyandu Visits and the Growth Trends of Toddlers at the Posyandu in Jati Village, Sidoarjo Subdistrict, Sidoarjo Regency

ABSTRACT

Background. A range of variables influence trends in under-five growth, including knowledge and commitment to maternal posyandu visits. **Research Objective.** To analyze the relationship between maternal knowledge and adherence to the posyandu with the growth trend of children under five at the posyandu in Jati Village. **Research Methods.** This analysis used a cross sectional approach. Sampling was done by simple random sampling; 88 samples were taken from a population of 743 mothers of toddlers. Data were collected through completion of questionnaires on knowledge, review of toddler growth trends, and review of attendance books to determine the suitability of maternal visits to the posyandu. **Results.** In this study, mothers of children under five were mostly over 25 years old (72.7%), had a diploma or bachelor's degree (51.1%), were mostly housewives (61.4%), had good knowledge (72.7%), and the growth trend of children under five was mostly consistent with weight gain of at least 3 months (84.1%). **Conclusion.** There is a relationship between the knowledge and compliance of mothers to the posyandu with the growth trend of toddlers at the Posyandu. **Suggestion.** Improve in educating about the importance of growth monitoring and maternal attendance to posyandu by utilizing social media.

Keywords: *Mother's Knowledge, Mother's Visit Adherence, Growth Trends of Toddlers*