

## ABSTRAK

Kementerian Kesehatan R.I  
Politeknik Kesehatan Kemenkes Surabaya  
Program Studi Sanitasi Program Diploma Tiga  
Karya Tulis Ilmiah, Juli 2023

**Diah Lutfianah Damayanti**

### **PENERAPAN PHBS INSTITUSI PENDIDIKAN SEKOLAH DASAR NEGERI DI WILAYAH KERJA PUSKESMAS SEDATI KECAMATAN SEDATI KABUPATEN SIDOARJO TAHUN 2023**

**xv + 61 Halaman + 14 Tabel + 3 Gambar + 15 Lampiran**

Berdasarkan data Dinas Kesehatan Kabupaten Sidoarjo, capaian penerapan PHBS Institusi Pendidikan di Kabupaten Sidoarjo tahun 2020 ke tahun 2021 mengalami penurunan pada penerapan PHBS Institusi Pendidikan salah satunya pada Puskesmas Sedati. Penelitian ini bertujuan untuk menilai dan menggambarkan penerapan PHBS Institusi Pendidikan.

Penelitian ini menggunakan desain penelitian observasional dengan pendekatan *cross sectional*. Objek dalam penelitian ini adalah seluruh SDN di Wilayah Kerja Puskesmas Sedati sebanyak 17 SDN. Data yang diperoleh diolah dan disajikan dalam bentuk tabel kemudian dianalisis secara deskriptif.

Hasil penelitian menunjukkan bahwa 17 SDN di Wilayah Kerja Puskesmas Sedati pada indikator CTPS memenuhi syarat sebesar 70,60%, indikator konsumsi jajanan sehat memenuhi syarat sebesar 82,35%, indikator menggunakan jamban yang bersih dan sehat tidak memenuhi syarat sebesar 52,95%, indikator olahraga memenuhi syarat sebesar 100%, indikator memberantas jentik memenuhi syarat sebesar 76,50%, indikator tidak merokok di lingkungan sekolah memenuhi syarat sebesar 94,10%, indikator menimbang berat badan memenuhi syarat sebesar 100% dan indikator membuang sampah pada tempatnya memenuhi syarat sebesar 58,80%. Sekolah dasar di Wilayah Kerja Puskesmas Sedati memperoleh hasil klasifikasi strata II sebesar 23,50%, klasifikasi strata III sebesar 35,30%, dan klasifikasi strata 4 sebesar 41,20%.

Terdapat 2 indikator yang memenuhi syarat dari 8 indikator PHBS yaitu indikator melakukan kegiatan olahraga secara teratur dan menimbang berat badan di sekolah. Sekolah yang tidak memenuhi syarat untuk memperbaiki dan menyediakan fasilitas PHBS di sekolah serta rutin penyuluhan kepada siswa mengenai PHBS Institusi Pendidikan.

**Kata kunci** : Penerapan PHBS Institusi Pendidikan, Sekolah Dasar Negeri, status kesehatan sekolah.

**Daftar Bacaan** : 32 (9 Buku, 16 Jurnal, 7 Undang-Undang)

## ABSTRACT

Indonesian Ministry of Health  
Surabaya Ministry of Health Polytechnic  
Diploma Three Sanitation Study Program  
Scientific Writing, July 2023

**Diah Lutfianah Damayanti**

### **IMPLEMENTATION OF PHBS IN PUBLIC ELEMENTARY SCHOOL EDUCATION INSTITUTIONS IN THE WORKING AREA OF THE SEDATI HEALTH CENTER SEDATI DISTRICT SIDOARJO REGENCY YEAR 2023**

**xv + 61 Pages + 14 Tables + 3 Pictures + 15 Attachments**

According to data from the Sidoarjo District Health Office, the achievement of PHBS implementation in educational institutions in Sidoarjo Regency from 2020 to 2021 has decreased in the application of PHBS in educational institutions one of which was the Sedati Health Center. This study was designed to assessment and describe the implementation of PHBS in Educational Institutions.

This an observational research a cross sectional approach. The objects study were all schools in the Sedati Health Center Working Area, totaling 17 schools. The data obtained and presented in tabular form and then analyzed descriptively.

The results showed that 17 elementary schools in the Sedati Health Center Working Area on the CTPS indicator was qualified by 70.60%, the indicator of healthy snacks consumption was qualified by 82.35%, the indicator of use clean and healthy toilets was not qualified by 52.95%, the indicator of exercise was qualified by 100%, the indicator of removing larvae was qualified by 76.50%, the indicator of not smoked in the school environment was qualified by 94.10%, the indicator of weighed body was qualified by 100% and the indicator of disposed of garbage in place was qualified by 58.80%. Elementary schools in the Sedati Health Center Working Area, the results of stratum II classification was 23.50%, stratum III classification was 35.30%, and stratum 4 classification was 41.20%.

There was 2 indicators that was qualified from 8 indicators of PHBS, namely indicators of the measured sports activities and weighed at school. Schools that have not qualified were advised to improve and provide PHBS facilities at school and routinely conduct counselling to students about PHBS in educational institutions.

**Keywords** : *Implementation of PHBS in Educational Institutions, Public Elementary Schools, Health Status of School.*

**Reading list** : *32 (9 Books, 16 Journals, 7 Constitutions)*