

# GAMBARAN TINGKAT PENGETAHUAN, SIKAP, DAN PERILAKU IBU BAYI 6-12 BULAN DALAM PEMBERIAN ASI EKSKLUSIF DI DESA KEPUH KIRIMAN WARU KABUPATEN SIDOARJO

## ABSTRAK

**Latar belakang :** Masalah gizi di Indonesia saat ini ialah kekurangan energi dan protein yang sering dijumpai pada bayi. Kurangnya gizi pada bayi selain dikarenakan oleh kekurangan asupan, juga disebabkan Air Susu Ibu (ASI) yang digantikan oleh susu formula. **Tujuan :** Tujuan penelitian ini ialah mengetahui gambaran tingkat pengetahuan, sikap, dan perilaku ibu bayi 6-12 bulan dalam pemberian ASI Eksklusif di desa Kepuh Kiriman Waru kabupaten Sidoarjo. **Metode :** Metode penelitian *deskriptif* dengan teknik pengambilan sampel *Simple Random Sampling*. Besar sampel berjumlah 50 responden ibu bayi 6-12 bulan di Desa Kepuh Kiriman, Sidoarjo. **Hasil :** Penelitian ini menunjukkan bahwa sebagian besar ibu berusia 25-35 tahun, berpendidikan tamat SMA/Sederajat berjumlah 41 responden (82%), bekerja sebagai ibu rumah tangga berjumlah 25 orang (50%), berpengetahuan baik mengenai ASI eksklusif berjumlah 24 responden (56%), sikap setuju mengenai pemberian ASI eksklusif berjumlah 27 responden (54%), dan perilaku tidak memberikan ASI eksklusif berjumlah 26 responden (52%). **Kesimpulan :** Dapat disimpulkan, ibu bayi usia 6-12 bulan di Desa Kepuh Kiriman memiliki tingkat pengetahuan dan sikap tentang pemberian ASI eksklusif sudah baik, tetapi sebagian besar ibu tidak memberikan bayinya ASI eksklusif (52%).

**Kata Kunci :** *Pengetahuan Ibu, Sikap Ibu, Perilaku Ibu, ASI Eksklusif*

**DESCRIPTION OF KNOWLEDGE LEVEL, ATTITUDE, AND  
BEHAVIOR MOTHERS OF INFANTS 6-12 MONTHS IN EXCLUSIVE  
BREASTFEEDING IN KEPUH KIRIMAN VILLAGE WARU DISTRICT  
SIDOARJO**

**ABSTRACT**

**Background :** These days, deficiencies in energy and protein are one of nutritional problems in Indonesia. The condition of malnutrition in infants mostly because of breastfeed which is replaced by formula milk. **Objective :** The purpose of this research was to determine knowledge, attitudes and behavior mothers of infants 6-12 months in exclusive breastfeeding in the village of Kepuh Kiriman Waru Sidoarjo. **Methods :** The research method used descriptive research. The sampling technique used Simple Random Sampling. The sample size was 50 respondents of mothers within infants 6-12 months in Kepuh Kiriman Village, Sidoarjo. **Results :** This research showed that most mothers were 25-35 years old, their last education was high school as many as 41 respondents (82%). Most of them are housewife as many as 25 people (50%). Most of mother had good knowledge (56%), and agreed about exclusive breastfeeding (54%), but most of them did not exclusively breastfeeding their infant as many as 26 respondents (52%). **Conclusion :** Based on the results showed that mothers with infants aged 6-12 months in Kepuh Kiriman Village had good knowledge and agreed about exclusive breastfeeding, but most of them did not exclusively breastfeed their infants (52%).

**Keywords :** *Knowledge, Attitude, Behavior, Exclusive Breastfeeding*