GAMBARAN TINGKAT PARTISIPASI IBU DALAM KEGIATAN POSYANDU, TREN PERTUMBUHAN, DAN STATUS GIZI BALITA DI DESA KEBUN KECAMATAN KAMAL KABUPATEN BANGKALAN

ABSTRAK

Latar Belakang untuk mendeteksi dini gangguan pertumbuhan pada balita, pemantauan pertumbuhan sangatlah penting. Hal ini dapat dicapai dengan sebulan sekali rutin menimbang balita di posyandu. Hasil studi pendahuluan menunjukkan persentase tingkat partisipasi Ibu balita dalam kegiatan posyandu sebesar 35,2%. di Desa Kebun. **Tujuan Penelitian** agar mengetahui gambaran tingkat partisipasi Ibu balita dalam kegiatan Posyandu, tren pertumbuhan dan status gizi balita di Desa Kebun Kecamatan Kamal Kabupaten Bangkalan. **Metode Penelitian** yaitu Jenis penelitian ini adalah deskriptif. Penelitian ini menggunakan lembar form kuesioner tingkat partisipasi kegiatan posyandu dan pengetahuan yang dilakukan kepada 74 responden dengan teknik proportional random sampling. **Hasil penelitian** menunjukkan bahwa dari 74 Ibu balita, 38 orang (51,4%) memiliki tingkat partisipasi yang baik dan 36 lainnya memiliki tingkat partisipasi yang kurang. Sebanyak 43 orang (58,1%) memiliki tren pertumbuhan balita sesuai, sebanyak 31 orang (49,1%) memiliki tren pertumbuhan balita tidak sesuai. Serta status gizi berdasarkan BB/U dari 74 responden sebanyak 62 responden (83,8%) memiliki status gizi baik, berdasarkan TB/U atau PB/U sebanyak 60 orang berstatus gizi normal (81,1%), dan berdasarkan BB/TB atau BB/PB sebanyak 55 orang (74,3%) berstatus gizi baik. **Kesimpulan** Sebagian besar tingkat partisipasi Ibu balita dalam kegiatan Posyandu di Desa Kebun termasuk dalam kategori baik dan tren pertumbuhan balita sesuai dengan grafik pertumbuhan. Serta status gizi balita di desa Kebun Sebagian besar termasuk gizi baik berdasarkan indikator BB/U. **Saran** lebih rutin dalam kegiatan posyandu sehingga tren pertumbuhan balita bisa terpantau dan diketahui status gizinya.

Kata Kunci: Tingkat Partisipasi, Tren Pertumbuhan, Status Gizi Balita, Posyandu

OVERVIEW OF THE LEVEL OF MATERNAL PARTICIPATION IN POSYANDU ACTIVITIES, GROWTH TRENDS, AND NUTRITIONAL STATUS OF TODDLERS IN KEBUN VILLAGE, KAMAL DISTRICT, BANGKALAN REGENCY

ABSTRACT

Background: To detect early growth disorders in toddlers, growth monitoring is very important. This can be done by weighing toddlers at the posyandu once a month. The results of the preliminary study showed that the percentage level of participation of mothers of toddlers in posyandu activities was 35.2%. at Kebun Village. **Objective:** This study aims to determine the picture of the level of participation of mothers under five in Posyandu activities, growth trends and nutritional status of toddlers in Kebun Village, Kamal District, Bangkalan Regency. **Methods:** This type of research is descriptive. This study used a questionnaire form sheet on the level of participation in posyandu activities and knowledge conducted on 74 respondents using proportional random sampling techniques. **Results:** According to the survey, out of 74 moms with young children, 38 (51.4%) had a good level of participation, whereas 36 had a poor level. Thirty-one people (49.1%) had improper child growth trends, while a total of forty-three (58.1%) had those that were appropriate. Among the 74 respondents, 62 respondents (83.8%) had good nutritional status based on BB/U, 60 respondents (81.1%) had normal nutritional status based on TB/U or PB/U, and 55 respondents (74.3%) had good nutritional status based on BB/TB or BB/PB. **Conclusions:** The majority of moms of toddlers who participate in Posyandu activities in Kebun Village fall into the good group, and the toddlers' growth pattern is consistent with the growth chart. According to the BB/U indicator, the nutritional status of toddlers in Kebun village is generally good nutrition. **Advice:** to be more active in posyandu activities so that the growth trend of toddlers can be read and their nutritional status known.

Keywords: Participation Rate, Growth Trend, Nutritional Status of Toddlers, Integrated Healthcare Center