

GAMBARAN STATUS PEKERJAAN, DUKUNGAN KELUARGA DAN KEAKTIFAN IBU BALITA PADA KEGIATAN POSYANDU DESA KEDUNGWARU KABUPATEN TULUNGAGUNG

ABSTRAK

Latar Belakang: Penimbangan balita rutin diselenggarakan setiap bulan di posyandu yang merupakan suatu usaha masyarakat guna pemantauan tumbuh kembang balita. Nilai cakupan pelayanan balita di Provinsi Jawa Timur pada 2021 mencapai 64,31%. Gambaran cakupan tingkat D/S di Puskesmas Kedungwaru 65,2% dengan target 75% dimana berada di 9 Desa. Cakupan D/S dimana memiliki nilai terendah yaitu Posyandu Desa Kedungwaru sebesar 50,9% dengan jumlah 459 balita. **Tujuan:** agar mengetahui Gambaran Status Pekerjaan, Dukungan Keluarga, serta Keaktifan pada Kegiatan Posyandu Desa Kedungwaru Kabupaten Tulungagung. **Metode:** pada penelitian ini menggunakan desain observasional deskriptif. Pengumpulan data melalui metode wawancara serta kuesioner. Teknik analisis data memakai analisa univariat. Populasi yaitu balita di Posyandu Desa Kedungwaru. Metode pengambilan data yaitu menggunakan Teknik proportionate stratified random sampling hingga didapatkan sampel 59 responden. **Hasil:** hasil yang didapatkan 64,4% ibu balita bekerja, 22,0% ibu balita kurang mendapatkan dukungan keluarga, dan 50,8% ibu balita tidak aktif mengikuti kegiatan Posyandu. **Kesimpulan:** dapat disimpulkan penelitian ini yaitu status pekerjaan ibu mayoritas bekerja, dukungan keluarga kurang dan keaktifan menimbang balita tidak aktif. **Saran:** Diharapkan penelitian ini menjadi pengembangan partisipasi dalam ber Posyandu guna pemantauan pertumbuhan dan perkembangan balita dan bisa meningkatkan status gizi balita.

Kata Kunci: Status Pekerjaan, Dukungan Keluarga, Keaktifan, Posyandu.

DESCRIPTION OF EMPLOYMENT STATUS, FAMILY SUPPORT AND MOTHER ACTIVENESS IN POSYANDU ACTIVITIES KEDUNGWARU VILLAGE, TULUNGAGUNG DISTRICT

ABSTRACT

Background: is a community effort to monitor the growth and development of toddlers. The coverage value for toddler services in East Java Province in 2021 will reach 64.31%. The description of D/S level coverage at the Kedungwaru Health Center is 65.2% with a target of 75% in 9 villages. The D/S coverage that had the lowest score was the Kedungwaru Village Posyandu of 50.9% with a total of 459 toddlers. **Purpose:** To find out the activity in Posyandu activities in Kedungwaru Village, Tulungagung Regency. **Method:** in this study using a descriptive observational design. Data analysis technique using univariate analysis. The population is toddlers in the Kedungwaru Village Posyandu. The data collection method was using a proportionate stratified random sampling technique so that a sample of 59 respondents was obtained. **Results:** the results obtained were that 64.4% of mothers under five worked, 22.0% of mothers under five did not receive family support, and 50.8% of mothers under five did not actively participate in Posyandu activities. **Conclusion:** is the employment status of the majority of mothers working, lack of family support and activeness considering toddlers are not active. **Suggestion:** It is hoped that this research will become participatory development in Posyandu in order to monitor the growth and development of toddlers and can improve the nutritional status of toddlers.

Keywords: Employment Status, Family Support, Activeness, Posyandu.