

**GAMBARAN PEMBERIAN ASI EKSKLUSIF DAN MP-ASI PADA  
BADUTA *STUNTING* DI WILAYAH KERJA PUSKESMAS TLADAN  
KECAMATAN KAWEDANAN KABUPATEN MAGETAN**

**ABSTRAK**

**Latar belakang:** Stunting merujuk pada keadaan di mana tinggi badan seorang anak berada di bawah rata-rata untuk usianya. **Tujuan:** untuk mengetahui gambaran pemberian ASI Eksklusif dan MP-ASI pada baduta *stunting* di wilayah kerja Puskesmas Tladan Kecamatan Kawedanan Kabupaten Magetan. **Metode:** deskriptif, pengumpulan data dilakukan dengan mengukur panjang badan baduta dan wawancara menggunakan kuesioner. Jumlah sampel dalam penelitian ini adalah 31 baduta stunting dengan menggunakan teknik Nonprobability Sampling dengan metode sampling jenuh. **Hasil:** sebagian besar yang diberikan ASI Eksklusif sebanyak 19 baduta, yang diberikan kolostrum sebanyak 25 baduta, lama pemberian ASI eksklusif sebagian besar sebanyak 19 baduta selama 6 bulan, frekuensi pemberian ASI Eksklusif, sebanyak 20 baduta sebanyak 8x atau lebih, sebanyak 17 ibu yang sudah tidak menyusui anak hingga saat ini. Usia pemberian MP-ASI sebanyak 24 baduta pada usia 6 bulan, bentuk/tekstur MP-ASI sebanyak 25 baduta dalam kategori tepat sesuai usia, frekuensi MP-ASI sebanyak 16 baduta dalam kategori tidak tepat sesuai usia, sebanyak 18 baduta tidak tepat dalam pemberian jumlah porsi MP-ASI dan cara pengolahan MP-ASI sebanyak 23 responden masuk dalam kategori baik. **Kesimpulan:** Sebagian besar baduta sudah diberikan ASI Eksklusif, kolostrum, ASI Eksklusif selama 6 bulan, frekuensi pemberian ASI Eksklusif sebanyak 8-12 kali atau lebih, dan sebagian besar ibu baduta tidak menyusui anak hingga saat ini. Pemberian MP-ASI sebagian besar responden sudah menerapkan jadwal usia pemberian MP-ASI pertama kali, bentuk/tekstur MP-ASI dan cara mengolah MP-ASI yang benar pada anak, lalu sebagian besar responden belum menerapkan frekuensi pemberian MP-ASI, jumlah porsi pemberian MP-ASI yang benar. **Saran:** Ibu baduta stunting lebih aktif dalam mencari informasi mengenai pola pemberian ASI Eksklusif dan pola pemberian MP-ASI.

*Kata kunci: baduta stunting, ASI eksklusif, MP-ASI*

**DESCRIPTION OF EXCLUSIVE BREAST MILK AND  
COMPLEMENTARY FEEDING TO STUNTING BADUTA IN THE  
WORKING AREA OF TLADAN HEALTH CENTER KAWEDANAN SUB-  
DISTRICT MAGETAN DISTRICT**

**ABSTRACT**

**Background:** Stunting refers to a condition in which a child's height falls below the expected standard for their age. **Purpose:** to find out the description of exclusive breastfeeding and MP-ASI to stunting babies in the working area of the Tladan Health Center, Kawedanan District, Magetan Regency. **Method:** descriptive, data collection is done by measuring the length of the body of the clown and interviews using a questionnaire. The number of samples were 31 stunting toddlers using the Nonprobability Sampling technique with the saturated sampling method. **Results:** Most of those who were given exclusive breastfeeding were 19 children, 25 children were given colostrum, the duration of exclusive breastfeeding was mostly 19 children for 6 months, the frequency of exclusive breastfeeding was 20 children, 8 times or more, 17 mothers who had not breastfed until recently. The age of giving MP-ASI was 24 children at the age of 6 months, the shape/texture of MP-ASI was 25 children in the right category according to age, the frequency of MP-ASI was 16 children in the category that was not right according to age, as many as 18 children were not right in giving the amount the portion of MP-ASI and how to process MP-ASI as many as 23 respondents were in the good category. **Conclusion:** Most of the under-fives have been given exclusive breastfeeding, colostrum, exclusive breastfeeding for 6 months, the frequency of exclusive breastfeeding is 8-12 times or more, and most of the mothers under two have not breastfed their children until now. Giving MP-ASI most of the respondents have applied the age schedule for giving MP-ASI for the first time, the shape/texture of MP-ASI and the correct way to process MP-ASI for children, then most of the respondents have not implemented the frequency of giving MP-ASI, the number of servings of MP-ASI The correct MP-ASI. **Suggestion:** Mothers under two years of age are more active in seeking information regarding patterns of exclusive breastfeeding and patterns of complementary feeding.

*Keywords: stunting toddler, exclusive breastfeeding, complementary feeding*