

**GAMBARAN TINGKAT PENGETAHUAN DAN PARTISIPASI IBU
DALAM KEGIATAN POSYANDU DENGAN STATUS GIZI BALITA DI
DESA BUNGAH KECAMATAN BUNGAH KABUPATEN GRESIK**

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ABSTRAK

Posyandu merupakan salah satu bentuk Upaya Kesehatan Bersumber Daya Masyarakat (UKBM) yang dikelola dan diselenggarakan dari, oleh, untuk dan bersama masyarakat. Pemantauan pertumbuhan merupakan kegiatan utama Posyandu. Salah satu indikator cakupan program di Posyandu yaitu jumlah balita yang datang ke Posyandu dibanding dengan jumlah balita yang ada di wilayah tersebut, yang menunjukkan tingkat partisipasi masyarakat terhadap kegiatan Posyandu.

Tujuan penelitian ini adalah mengetahui gambaran tingkat pengetahuan dan partisipasi ibu dalam kegiatan posyandu dengan status gizi balita di desa Bungah kecamatan Bungah kabupaten Gresik.

Jenis penelitian ini merupakan penelitian deskriptif observasional dengan rancangan cross sectional. Populasi dalam penelitian ini adalah ibu balita yang mempunyai balita umur 1–5 tahun di wilayah desa Bungah dan diambil sampel sebesar 46 responden dengan sistem proporsional random sampling. Pengumpulan data dengan menggunakan timbangan berat badan, kuesioner pengetahuan tentang posyandu, dan KMS balita.

Hasil penelitian di desa Bungah kecamatan Bungah kabupaten Gresik menunjukkan tingkat pengetahuan ibu balita termasuk dalam kategori pengetahuan kurang sebanyak 23 responden (50%), tingkat partisipasi ibu balita termasuk partisipasi baik sebanyak 27 responden (58,7%), status gizi balita termasuk kategori status gizi kurang sebanyak 24 balita (52.2%), tingkat pengetahuan ibu balita dengan status gizi balita termasuk dalam kategori pengetahuan kurang dengan status gizi balita kurang sebanyak 10 responden (43,5%), dan tingkat partisipasi ibu balita dengan status gizi balita termasuk dalam kategori partisipasi tidak baik dengan status gizi balita kurang sebanyak 15 responden (32,6%).

Kata kunci: Pengetahuan, Partisipasi, Balita, Status Gizi

**DESCRIPTION LEVEL OF KNOWLEDGE AND PARTICIPATION OF
MOTHER AT POSYANDU WITH CHILDREN UNDER FIVE YEARS OF
AGE NUTRIENT STATUS IN VILLAGE BUNGAH SUB-DISTRICT
BUNGAH REGENCY GRESIK**

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ABSTRACT

Posyandu is one form of Community-Based Health Efforts (UKBM) which is managed and organized from, by, for and with the community. Growth monitoring is the main activity of Posyandu. One indicator of program coverage in Posyandu is the number of children underfive who come to Posyandu compared to the number of children underfive in the region, which shows the level of community participation in Posyandu activities.

The purpose of this study was to determine the level of knowledge and participation of mothers in posyandu activities with the nutritional status of children under five in the village of Bungah, Bungah, Gresik.

This type of research is an observational descriptive study with cross sectional design. The population in this study are mothers of children underfive who have children aged 1-5 years in the village of Bungah and taken a sample of 46 respondents with a proportional random sampling system. Data in this research is using weight scales, knowledge questionnaires about posyandu, and KMS children underfive.

The results of the research of 46 respondents in the village of Bungah sub-district Bungah regency Gresik showed the level of knowledge of mothers counted in the lack of knowledge category with 23 respondents (50%), the level of participation of mothers counted good participation with 27 respondents (58.7%), nutritional status of children underfive counted in underweight nutritional status category with 24 respondents (52.2%), the level of knowledge of mothers with nutritional status of children underfive is counted in the category of insufficient knowledge with less nutritional status of children underfive as many as 10 respondents (43.5%), and the level of participation of mothers children underfive with nutritional status of children underfive is counted in the category of not good participation with less nutritional status as many as 15 respondents (32.6%)

Keywords: Knowledge, Participation, Children Underfive, Nutrient Status