

ABSTRAK

PERAN ORANGTUA DAN PERILAKU MEROKOK PADA REMAJA DI RW 04 KELURAHAN KARANG, KECAMATAN SEMANDING, KABUPATEN TUBAN.

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Dalam peringatan Hari Tanpa Tembakau Sedunia Pada tanggal 31 Mei 2021 oleh Wakil Menteri Kesehatan Dante Saksono Harbuwono yang menargetkan 5 juta orang atau 1,8% dari jumlah total penduduk Indonesia berhenti merokok pada tahun 2021. Berdasarkan data dari BPS, Susenas jumlah data perokok di Indonesia pada rentang usia diatas 5 tahun mengalami peningkatan pada tahun 2021 sebanyak 0,57%. Keluarga merupakan unit terkecil dalam masyarakat, oleh karena itu mau tidak mau keluarga harus berhubungan dengan lingkungan sosial remaja. Tujuan penelitian ini menggambarkan Peran Orangtua dan perilaku merokok pada remaja di RW 04 Kelurahan Karang, Kecamatan Semanding, Kabupaten Tuban.

Desain penelitian menggunakan *deskriptif* dengan pendekatan *cross sectional*. Populasi dalam penelitian adalah seluruh remaja yang berusia 15-24 tahun sebanyak 103 remaja dan orangtua kandung/orangtua asuh/ orang yang tinggal serumah dengan remaja. Sampel 82 remaja dan orangtua. Teknik sampling yang digunakan *simple random sampling*. Instrumen penelitian berupa lembar kuesioner.

Hasil Penelitian didapatkan Sebagian Besar (71%) Peran Orangtua Cukup memiliki remaja dengan perilaku merokok aktif, dan Hampir setengahnya (36%) Peran Orangtua Baik memiliki remaja dengan Perilaku merokok aktif.

Peran Orangtua merupakan role model, jika orangtua menerapkan aturan tegas dan melakukan pengawasan serta menjadi orangtua yang penuh perhatian dan kasih sayang kepada anak, maka pencegahan perilaku merokok juga akan sangat mudah dipatuhi oleh sang anak, terlebih dengan figure orangtua yang tidak merokok maka akan memudahkan bagi sang anak untuk patuh dan mencontoh perilaku orangtua.

Kata kunci: Peran Orangtua, Perilaku Merokok Remaja, Rokok

ABSTRACT

THE ROLE OF PARENTS AND SMOKING BEHAVIOR IN ADOLESCENTS IN 04 HAMLET KARANG VILLAGE, SEMANDING DISTRICT, TUBAN REGENCY.

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In commemoration of World No Tobacco Day on May 31, 2021 by Deputy Minister of Health Dante Saksono Harbuwono who targets 5 million people or 1.8% of the total population of Indonesia to stop smoking by 2021. Based on data from BPS, Susenas data on the number of smokers in Indonesia in the age range above 5 years, there will be an increase in 2021 by 0.57%. The family is the smallest unit in society, therefore, inevitably the family must relate to the social environment of adolescents, as for the purpose of the relationship is the emergence of harmony, if this can be realized, namely implementing a good socialization process for their children with neighbors or the environment. socially, the tendency of children to commit special delinquency in this case smoking will be avoided. The purpose of this study was to describe the role of parents and smoking behavior in adolescents in 04 Hamlet Karang Village, Semanding District, Tuban Regency.

The research design was descriptive with a cross sectional approach. The population in this study were all adolescents aged 15-24 years and residing in 04 hamlet Karang Kelurahan, Semanding District, Tuban Regency as many as 103 teenagers and biological parents/foster parents/people who live in 1 house with teenagers. With a sample of 82 adolescents and their biological parents/foster parents/people who live in one house with the teenager. The sampling technique used is simple random sampling. The research instrument was a questionnaire sheet.

The results showed that most (71%) of the role of parents had teenagers with active smoking behavior, and almost half (36%) of the role of good parents had teenagers with active smoking behavior.

The role of parents is a role model, if parents apply strict rules and carry out supervision and become parents who are attentive and loving to their children, the prevention of smoking behavior will also be very easy for the child to obey, especially with a parent figure who does not smoke, it will make it easier for children to follow. the child to obey and imitate the behavior of parents.

Keywords: The Role of Parents, Adolescent Smoking Behavior, Cigarettes