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## DAFTAR SINGKATAN

ABI	: <i>Ankle Brachial Index</i>
BMI	: <i>Body Mass Index</i>
CAVI	: <i>Cardio-Ankle Vascular Index</i>
CVD	: <i>Cardiovascular Disease</i>
GENTAS	: Gerakan Nusantara Tekan Angka Obesitas
HDL	: <i>High-Density Lipoprotein</i>
IHD	: <i>Ischemic Heart Disease</i>
IMT	: Indeks Masa Tubuh
IMT Karotis	: <i>Carotid Intima-Media Thickness</i>
JBI	: <i>The Joanna Briggs Institute</i>
LDL	: <i>Low-Density Lipoprotein</i>
MeSH	: <i>Medical Subject Heading Term</i>
P2PTM	: Pencegahan dan Pengendalian Penyakit Tidak Menular
PICOS	: <i>Population, Intervention, Comparators, Outcomes, Study Design and Population Type, Publication Years, Language</i>
PJK	: Penyakit Jantung Koroner
PRISMA	: <i>Preferred Reporting Items for Systematic Reviews and Meta Analyses</i>
PSQI	: <i>Pittsburgh Sleep Quality Index</i>
PTM	: Penyakit Tidak Menular
SMS	: <i>Sleep-related Metabolite Score</i>
SQS	: <i>Sleep Quality Score</i>
WHO	: <i>World Health Organization</i>