

# **GAMBARAN EFEKTIVITAS PROGRAM POSYANDU DAN STATUS GIZI BALITA SELAMA PANDEMI COVID-19 DI WILAYAH KELURAHAN GADING SURABAYA**

Oleh

Riris Novitri Nur Ramadhona

## **ABSTRAK**

**Latar belakang :** Strategi pelayanan kesehatan dasar masyarakat dengan fokus pada balita dapat dilakukan pada kegiatan Posyandu. Efektivitas program Posyandu terhambat selama terjadinya Pandemi Covid-19, dan pemantauan status gizi balitapun juga terhambat yang menyebabkan tingginya angka permasalahan gizi balita. **Tujuan :** Mengidentifikasi gambaran efektivitas program posyandu dan status gizi balita selama Pandemi Covid-19 di Wilayah Kelurahan Gading Surabaya. **Metode :** Penelitian deskriptif. Sampel penelitian ini adalah 9 kader posyandu dan 51 balita. **Hasil :** Berdasarkan hasil penelitian 9 kader (88,9%) menyatakan pelaksanaan program posyandu selama pandemi efektif. Berdasarkan BB/U dan TB/U, sebagian besar balita pada periode penimbangan Agustus 2021 hingga Januari 2022 memiliki status gizi normal. Berdasarkan BB/TB, 17 (33,3%) balita mengalami gizi buruk pada periode Agustus 2021. Permasalahan gizi pada balita di wilayah Kelurahan Gading cukup tinggi pada periode bulan Agustus 2021. **Kesimpulan :** Pandemi Covid-19 memberikan dampak besar terhadap efektivitas program posyandu dan status gizi balita.

**Kata kunci :** *Status Gizi Balita, Posyandu, Covid-19, Antropometri*

***DESCRIPTION OF THE POSYANDU PROGRAM EFFECTIVENESS AND  
NUTRITIONAL STATUS DURING THE COVID-19 PANDEMIC  
IN GADING VILLAGE SURABAYA***

By

Riris Novitri Nur Ramadhona

***ABSTRACT***

**Background :** The strategy of basic public health services with a focus on toddlers can be carried out in Posyandu activities. The effectiveness of the Posyandu program was obstructed during the Covid-19 pandemic, and monitoring of the nutritional status of children was also obstructed, which led to a high number of nutritional problems for children. **Objectives :** Identifying a description of the effectiveness of the posyandu program and the nutritional status of toddlers during the Covid-19 pandemic in Gading Village Surabaya. **Method :** This type of study is a descriptive research. The samples of this study were 9 posyandu cadres and 51 toddlers. **Result :** Based on the research, 9 cadres (88.9%) stated that the implementation of the posyandu program during the pandemic was effective. Nutritional status of toddlers based on weight/age and height/age, most of the toddlers in the weighing period from August 2021 to January 2022 had normal nutritional status. Nutritional status of toddlers based on weight/height, 17 (33,3%) toddlers had severe malnutrition in the period August 2021. Nutritional problems of toddlers in Gading Village Area are quite high in the period August 2021. **Conclusion :** The Covid-19 pandemic had a major impact on the effectiveness of the posyandu program and the nutritional status of toddlers.

***Keywords : Nutritional Status of Toddlers, Posyandu, Covid-19, Anthropometry***