

**GAMBARAN TINGKAT PARTISIPASI IBU DALAM KEGIATAN
POSYANDU DAN STATUS GIZI BALITA DI DESA KARANGASRI
KECAMATAN NGAWI KABUPATEN NGAWI**

ABSTRAK

Untuk mencapai angka minimal partisipasi ibu yang aktif, diperlukan kerjasama antara posyandu dan kesadaran ibu dalam pentingnya aktif di kegiatan posyandu. Agar ibu bisa memantau pertumbuhan dan perkembangan balita. Berdasarkan latar belakang masalah ini, peneliti akan melakukan penelitian mengenai tingkat partisipasi ibu dan status gizi balita dengan tujuan untuk mengetahui tingkat partisipasi ibu dalam kegiatan posyandu dengan status gizi balita. Penelitian ini menggunakan jenis penelitian deskriptif kuantitatif dengan responden sebanyak 80 ibu balita dan dilakukan pada November 2021 sampai Mei 2022. Berdasarkan karakteristik responden, sebagian besar ibu balita berumur 26-35 tahun sebanyak 50 orang (62,5%), memiliki tingkat pendidikan SMA/Sederajat sebanyak 59 orang (73,75%), dan bekerja sebagai ibu rumah tangga sebanyak 52 orang (65%). Sebagian besar responden balita berjenis kelamin laki-laki sebanyak 44 orang (55%) dan berumur 24-60 bulan sebanyak 43 orang (52,75%). Tingkat partisipasi ibu dalam kegiatan Posyandu di Desa Karangasri termasuk kedalam kategori baik, yaitu sebanyak 77 orang (96,75%). Hasil tabulasi silang tingkat partisipasi ibu dengan status gizi balita diperoleh mayoritas responden memiliki tingkat partisipasi baik dengan status gizi balita baik sebanyak 59 orang (76,6%). Balita yang memiliki status gizi baik, sebanyak 60 balita (75%), sedangkan status gizi kurang dan gizi lebih masing-masing sebanyak 10 orang (12,5%).

Kata kunci : Partisipasi, Posyandu, Status Gizi, Balita.

**DESCRIPTION OF MOTHER'S PARTICIPATION RATE IN
POSYANDU ACTIVITIES AND NUTRITION STATUS OF
TODDLERS IN KARANGASRI VILLAGE, NGAWI DISTRICT,
NGAWI REGENCY**

ABSTRACT

To achieve a minimum number of active maternal participation, collaboration between posyandu and maternal awareness is needed in the importance of being active in posyandu activities. So that mothers can monitor the growth and development of toddlers. Based on the background of this problem, the researcher will conduct research on the level of maternal participation and the nutritional status of children under five with the aim of knowing the level of participation of mothers in posyandu activities with the nutritional status of children under five. This study uses a quantitative descriptive research with 80 mothers of toddlers as respondents and was conducted from November 2021 to May 2022. Based on the characteristics of the respondents, most of the mothers of children under five aged 26-35 years as many as 50 people (62.5%), had a high school education level/ As many as 59 people (73.75%) and working as housewives as many as 52 people (65%). Most of the respondents under five were male as many as 44 people (55%) and aged 24-60 months as many as 43 people (52.75%). The participation rate of mothers in Posyandu activities in Karangasri Village is included in the good category, as many as 77 people (96.75%). The results of the cross tabulation of the participation rate of mothers with nutritional status of toddlers obtained that the majority of respondents had good participation rates with good nutritional status of toddlers as many as 59 people (76.6%). Toddlers who had good nutritional status, as many as 60 toddlers (75%), while poor nutritional status and overnutrition each as many as 10 people (12,5%).

Keywords : Participation, Posyandu, Nutritional Status, Toddler.