

DAFTAR ISI

HALAMAN JUDUL	Error! Bookmark not defined.
LEMBAR PERSETUJUAN	Error! Bookmark not defined.
LEMBAR PENGESAHAN	Error! Bookmark not defined.
LEMBAR PENGESAHAN	Error! Bookmark not defined.
MOTTO	Error! Bookmark not defined.
ABSTRAK	Error! Bookmark not defined.
LEMBAR PERNYATAAN	Error! Bookmark not defined.
KATA PENGANTAR	Error! Bookmark not defined.
UCAPAN TERIMAKASIH	Error! Bookmark not defined.
DAFTAR ISI	1
DAFTAR GAMBAR	Error! Bookmark not defined.
DAFTAR TABEL	Error! Bookmark not defined.
DAFTAR LAMPIRAN	Error! Bookmark not defined.
BAB 1 PENDAHULUAN	Error! Bookmark not defined.
1.1 Latar Belakang	Error! Bookmark not defined.
1.2 Rumusan Masalah	Error! Bookmark not defined.
1.3 Batasan Masalah	Error! Bookmark not defined.
1.4 Tujuan Penelitian	Error! Bookmark not defined.
1.4.1 Tujuan Umum	Error! Bookmark not defined.
1.4.2 Tujuan Khusus	Error! Bookmark not defined.
1.5 Manfaat Penelitian	Error! Bookmark not defined.
1.5.1 Manfaat Teoritis	Error! Bookmark not defined.
1.5.2 Manfaat Praktis	Error! Bookmark not defined.
BAB 2 TINJAUAN PUSTAKA	Error! Bookmark not defined.
2.1 Tinjauan Tentang Kebiasaan Tidur Larut Malam	Error! Bookmark not defined.
2.1.1 Pengertian Tidur.....	Error! Bookmark not defined.
2.1.2 Fungsi Tidur	Error! Bookmark not defined.
2.1.3 Waktu Tidur	Error! Bookmark not defined.

2.1.4 Dampak Dari Kebiasaan Tidur Larut Malam.....	Error! Bookmark not defined.
2.2 Tinjauan Tentang Eritrosit	Error! Bookmark not defined.
2.2.1 Pengertian Eritrosit	Error! Bookmark not defined.
2.2.2 Proses Pembentukan Eritrosit	Error! Bookmark not defined.
2.2.3 Faktor Yang Mempengaruhi Pembentukan Eritrosit	Error! Bookmark not defined.
2.2.4 Faktor Yang Mempengaruhi Jumlah Sel Darah Merah	Error! Bookmark not defined.
2.2.5 Pemeriksaan Jumlah Eritrosit.....	Error! Bookmark not defined.
2.3 Tinjauan Tentang Hemoglobin	Error! Bookmark not defined.
2.3.1 Pengertian Hemoglobin.....	Error! Bookmark not defined.
2.3.2 Fungsi hemoglobin.....	Error! Bookmark not defined.
2.3.3 Tahap Pembentukan Hb	Error! Bookmark not defined.
2.3.4 Faktor Yang Mempengaruhi Kadar Hemoglobin	Error! Bookmark not defined.
2.3.5 Pemeriksaan Hemoglobin	Error! Bookmark not defined.
2.3.6 Dampak Kadar Hemoglobin Yang Rendah.....	Error! Bookmark not defined.
2.4 Tinjauan Tentang Hematologi Analyzer	Error! Bookmark not defined.
2.4.1 Pengertian Hematologi Analyzer	Error! Bookmark not defined.
2.4.2 Prinsip Kerja Hematologi Analyzer	Error! Bookmark not defined.
2.4.3 Metode Pengukuran Pada Alat Hematologi Analyzer	Error! Bookmark not defined.
2.4.4 Flowcytometry (Sistem Optik).....	Error! Bookmark not defined.
2.4.5 Histogram/ Kalkulasi	Error! Bookmark not defined.
2.4.5 Perawatan Alat Hematologi Analyzer.....	Error! Bookmark not defined.
2.4.6 Keuntungan dan Kerugian Alat Hematologi Analyzer	Error! Bookmark not defined.
BAB 3 METODE PENELITIAN.....	Error! Bookmark not defined.
3.1 Jenis Penelitian.....	Error! Bookmark not defined.
3.2 Tempat Dan Waktu Penelitian	Error! Bookmark not defined.
3.2.1 Tempat Penelitian	Error! Bookmark not defined.
3.2.2 Waktu Penelitian	Error! Bookmark not defined.
3.3 Populasi dan Sampel Penelitian	Error! Bookmark not defined.
3.3.1 Populasi.....	Error! Bookmark not defined.
3.3.2 Sampel.....	Error! Bookmark not defined.
3.4 Variabel Penelitian.....	Error! Bookmark not defined.

3.5 Definisi Operasional Variabel.....	Error! Bookmark not defined.
3.5.1 Kebiasaan Tidur Larut Malam	Error! Bookmark not defined.
3.5.2 Jumlah Eritrosit	Error! Bookmark not defined.
3.5.3 Kadar Hemoglobin.....	Error! Bookmark not defined.
3.6 Teknik Pengumpulan Data.....	Error! Bookmark not defined.
3.7 Instrumen Penelitian	Error! Bookmark not defined.
3.8 Prosedur Penelitian	Error! Bookmark not defined.
3.8.1 Prosedur Pengambilan Darah.....	Error! Bookmark not defined.
3.8.2 Prosedur Pemeriksaan Hitung Jumlah Eritrosit Dan Kadar Hemoglobin Dengan Alat Hematologi Analyzer	Error! Bookmark not defined.
3.9 Teknik Analisa Data	Error! Bookmark not defined.
3.10 Alur Penelitian	Error! Bookmark not defined.
BAB 4 HASIL PENELITIAN DAN PEMBAHASAN	Error! Bookmark not defined.
4.1 Penyajian Data	Error! Bookmark not defined.
4.1.1 Karakteristik Responden	Error! Bookmark not defined.
4.2 Analisa Data.....	Error! Bookmark not defined.
4.3 Pembahasan.....	Error! Bookmark not defined.
BAB 5 PENUTUP.....	Error! Bookmark not defined.
5.1 Kesimpulan	Error! Bookmark not defined.
5.2 Saran	Error! Bookmark not defined.
DAFTAR PUSTAKA	Error! Bookmark not defined.
LAMPIRAN.....	Error! Bookmark not defined.

DAFTAR GAMBAR

Gambar 2.1 Alat Hematologi Analyzer	27
Gambar 4.1 prosentase responden berdasarkan jenis kelamin	35
Gambar 4.2 prosentase responden berdasarkan lama kebiasaan tidur larut malam	36
Gambar 4.3 Frekuensi dan prosentase hasil pemeriksaan kadar hemoglobin responden yang memiliki kebiasaan tidur larut malam	37
Gambar 4.4 Frekuensi dan prosentase hasil pemeriksaan hitung jumlah eritrosit responden yang memiliki kebiasaan tidur larut malam	37
Gambar 4.5 Frekuensi dan prosentase hasil pemeriksaan kadar hemoglobin responden yang memiliki kebiasaan tidur larut malam berdasarkan lama kebiasaan sesuai jenis kelamin	38
Gambar 4.6 Frekuensi dan prosentase hasil pemeriksaan hitung jumlah eritrosit responden yang memiliki kebiasaan tidur larut malam berdasarkan lama kebiasaan sesuai jenis kelamin	39

DAFTAR TABEL

Tabel 3.1 Nilai Normal Kadar Hemoglobin dan Jumlah Eritrosit33

Tabel 4.1 Hasil Pemeriksaan Kadar Hemoglobin dan Jumlah Eritrosit48

DAFTAR LAMPIRAN

Lampiran 1 Tabel hasil Penelitian	48
Lampiran 2 Kuesioner Penelitian	50
Lampiran 3 Surat Persetujuan Responden	51
Lampiran 4 Surat ijin Penelitian	52
Lampiran 5 Surat Kode Etik	53
Lampiran 6 Hasil Pemeriksaan	54
Lampiran 7 Logbook Penelitian	55