

HUBUNGAN ANTARA STATUS PEKERJAAN IBU DAN PENDAPATAN KELUARGA DENGAN STATUS GIZI BALITA DI KELURAHAN KAPASARI KECAMATAN GENTENG SURABAYA

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ABSTRAK

United Nations Children's Fund (UNICEF) melaporkan Indonesia berada di peringkat kelima dunia untuk negara dengan jumlah anak yang terhambat pertumbuhannya paling besar dengan perkiraan sebanyak 7,7 juta balita. Kurang gizi akan berdampak terhadap pertumbuhan fisik, kecerdasan, dan produktifitas generasi yang akan datang, anak mudah sakit atau berpengaruh terhadap beberapa organ tubuh bahkan mengakibatkan kematian. Tujuan dari penelitian ini adalah untuk mengetahui hubungan antara status pekerjaan ibu dan pendapatan keluarga dengan status gizi balita di Kelurahan Kapasari Kecamatan Genteng Surabaya.

Penelitian ini menggunakan metode kuantitatif. Jumlah sampel sebanyak 58 balita dengan umur 24-60 bulan. Metode pengumpulan data menggunakan kuisisioner, pengukuran, wawancara dan mengambil dokumentasi untuk mendukung data yang diperoleh. Analisis yang digunakan yaitu bivariat dengan menggunakan uji *korelasi spearman*.

Hasil uji statistik antara status pekerjaan ibu dengan status gizi balita diperoleh nilai *p value* sebesar 0,030 ($p < \alpha$) berarti menunjukkan bahwa ada hubungan antara status pekerjaan ibu dengan status gizi balita. Sedangkan hasil uji statistik antara pendapatan keluarga dengan status gizi balita diperoleh nilai *p value* sebesar 0,920 ($p > \alpha$) berarti menunjukkan bahwa tidak ada hubungan antara pendapatan keluarga dengan status gizi balita. Saran yang dapat diberikan yaitu perlu dilakukan penelitian lebih lanjut tentang hubungan antara pendapatan keluarga dengan status gizi balita dengan mengambil sampel yang status perekonomiannya lebih beragam. Dan bagi ibu yang bekerja diberikan informasi seperti edukasi tentang kualitas waktu pengasuhan yang baik dengan melakukan penyuluhan.

Kata Kunci : *pekerjaan ibu, pendapatan keluarga, status gizi balita*

RELATION BETWEEN WORK STATUS OF MOTHERS AND FAMILY'S EARNINGS WITH INFANT'S NUTRITION STATUS IN KAPASARI VILLAGE SUB DISTRICT GENTENG OF SURABAYA

(Quantitative Study In Kapasari Village Sub District Genteng Of Surabaya)

ABSTRACT

United Nations Children's Fund (UNICEF) reported that Indonesia is in the 5th place of the world largest children who have problem in their growth with estimation as many as 7.7 million infants. The lack of nutrition will cause some problems with physical growth, intelligence, and productivity of the next generation. Children could sick easily or it can also influence other important human organ which can end with death. The aim of this research is to understand the relation between profession statuses of mother and family's earnings with infant's nutrition status in the sub district Genteng of Surabaya.

This research uses quantitative method. The number of samples needed is about 58 infants in the age between 24—60 months. The method to collect data is using questionnaire, measuring, and interviewing and also took some documentations to support the validity of the data. Analysis used in this research is bivariat analysis which use Spearman correlation test.

The result of statistic test between profession statuses of mother with infant's nutrition status is p value with the number of 0.030 ($p < \alpha$). It means that there is a relation between statuses of mother with infant's nutrition status. Meanwhile, the result of statistic test between family's earnings with infant's nutrition status shows p value 0.920 ($p > \alpha$) which means that there is no relation between family's earnings with infant's nutrition status. Some advices that can be given is it is needed to do a further research according to the relation of family's earnings with infant's nutrition status by taking samples of economic status in more various kind of society. And also, to the mothers who are also workers, may be given some information like education about quality time to raise the children in the right way, which can be done by doing socialization.

Keywords : *profession statuses of mother, family's earnings, infant's nutrition status*