

## DAFTAR SINGKATAN

PSQI	: Pittsburgh Sleep Quality Index
SPMSQ	: Short Portable Mental Status Questionnaire
MMSE	: Mini-Mental State Exam
ROS	: Reactive Oxygen Spesies
RNS	:Reactive Nitrogen Species
REM	: Rapid Eye Movement
NREM	: Non Rapid Eye Movement
MSLT	:Multiple Sleep Latency Test
MWT	: Maintenance Of Wakefulness
SDKI	: Standar Diagnosis Keperawatan Indonesia
SIKI	: Standar Intervensi Keperawatan Indonesia
SLKI	: Standar Luaran Keperawatan Indonesia
PPNI	: Persatuan Perawat Nasional Indonesia