

## ABSTRAK

Kementerian Kesehatan RI  
Politeknik Kesehatan Kemenkes Surabaya  
Program Studi Diploma III Jurusan Kesehatan Lingkungan  
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**PENGETAHUAN DAN SIKAP SISWA JAJAN DI LINGKUNGAN LUAR  
SEKOLAH (Studi Kasus di SD Negeri Tropodo 1 Kecamatan Waru  
Kabupaten Sidoarjo Tahun 2017)**

viii + 41 Halaman + 6 Tabel + 6 Lampiran

Makanan jajanan menjadi salah satu jenis makanan yang sangat dikenal di masyarakat umum diantaranya usia sekolah. Makanan jajanan sekolah sangat beresiko terhadap cemaran biologis atau kimiawi yang dapat menimbulkan gangguan kesehatan, baik jangka panjang maupun pendek. Berdasarkan pengamatan yang telah dilakukan di SD Negeri Tropodo 1 Kecamatan Waru Sidoarjo telah memiliki kantin tetapi siswa masih membeli makanan di luar lingkungan sekolah pada saat jam istirahat sebesar 45 %. Tujuan dari penelitian ini untuk mengetahui pengetahuan dan sikap siswa jajan di lingkungan luar sekolah di SD Negeri Tropodo 1 Kecamatan Waru Sidoarjo.

Penelitian ini menggunakan metode penelitian deskriptif dengan jumlah sampel sebesar 57 siswa dengan pengambilan sampel secara simpel random sampling. Pengumpulan data dilakukan dengan cara observasi, wawancara dan kuesioner.

Hasil penelitian yaitu sebagian besar 93% (53 siswa) memiliki pengetahuan yang baik dalam memilih jajanan aman dan sebagian besar 91,2% (52 siswa) memiliki sikap yang baik dalam memilih jajanan aman.

Diharapkan pihak sekolah dapat mengadakan penyuluhan rutin tentang keamanan jajanan serta siswa lebih selektif membeli jajanan yang aman dan membiasakan membawa bekal dari rumah.

**Kata kunci : Perilaku jajan siswa, Siswa SD Negeri 1 Tropodo, Jajanan  
Daftar Bacaan : 16 buku dan 12 jurnal (2005-2016)**

## ABSTRACT

Ministry of Health RI  
Polytechnic of Health Ministry of Health Surabaya  
Diploma III Program Study of Environmental Health Department  
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### THE KNOWLEDGE AND ATTITUDE OF STUDENTS TO SNACK AT OUTSIDE AREA OF SCHOOL (Case Study in Tropodo 1 State Elementary School Waru District Sidoarjo Regency in 2017)

viii + 41 Pages + 6 Tables + 6 Attachments

The snack foods become one type of foods which is well known by general community such as school-age community. The snack foods in school are at risk of biological or chemical contamination that can cause health problems, both long or short term. Based on the observation that had been done, Tropodo 1 State Elementary School Waru District of Sidoarjo had been owning a canteen but students bought foods at outside area of school when it was break time reached 45% of students. The aim of this study is to determine the knowledge and attitude of students to snacks at outside area of school in Tropodo 1 State Elementary School.

This study used descriptive study method with the number of sample was 57 students through simple random sampling. The data collection was done by observation, interview, and questionnaire.

The result of the study most students 93% (53 students) had good knowledge in choosing safe snacks and most students 91,2% (52 students) had good attitude in choosing safe snacks.

The school authorities are expected to hold a regular counselling about snacks safety and also the students are expected to more selective in buying safe snacks and getting used to bring their own lunch from home.

**Keywords** : Student's Snacking Behaviour, Tropodo 1 State Elementary School Students, Snacks

**References** : 16 books and 12 journals (2005-2016)