

ABSTRAK

PENGETAHUAN IBU HAMIL TRIMESTER III (PRIMIGRAVIDA) TENTANG PERSIAPAN PERSALINAN DI MASA PANDEMI COVID-19 DI KECAMATAN SEMANDING

Oleh :

Devi Ayu Firnanda
NIM : P27820518045

Persiapan persalinan terbagi menjadi tiga yaitu secara fisik, psikis, dan finansial. Kesiapan ibu dalam menghadapi persalinan dimasa pandemi Covid-19 membuat ibu mengalami kecemasan yang berlebih terutama primigravida, karena belum pernah merasakan bagaimana proses persalinan yang sebenarnya. Data survey awal yang dilakukan kepada 5 responden, ibu hamil yang mempersiapkan persalinan secara fisik dan finansial terdapat 3 ibu dalam kategori baik, dan 2 ibu dalam kategori cukup. Tujuan penelitian ini untuk mengetahui bagaimana pengetahuan ibu hamil trimester III (primigravida) tentang persiapan persalinan dimasa pandemi covid-19 di Kecamatan Semanding.

Desain penelitian yang digunakan yaitu *deskriptif* dengan pendekatan *cross-sectional*. Populasinya seluruh ibu hamil trimester III (primigravida) sebanyak 100 responden, dengan besar sampel 80 responden. Teknik pengambilan sampel dengan *Simple Random Sampling*, instrumen pengumpulan data menggunakan kusioner, setelah data terkumpul data diolah atau dianalisis dalam bentuk tabel.

Hasil penelitian didapatkan bahwa sebagian besar 58 ibu hamil (72%) berpengetahuan baik tentang persiapan persalinan, hampir seluruhnya ibu hamil yang berpengetahuan baik berusia 20-35 tahun sebanyak 45 ibu (77,6%). Hampir setengahnya berpendidikan SMA dan berpengetahuan baik sebanyak 26 ibu (44,8%) dan sebagian besar ibu tidak bekerja dan berpengetahuan baik sebanyak 39 ibu (67,2%).

Pengetahuan tentang persiapan persalinan sangat dibutuhkan ibu menjelang persalinan. Adanya pengetahuan tentang persiapan persalinan akan mengurangi kebingungan dan kecemasan menjelang persalinan. Untuk menambah pengetahuan ibu dapat mengikuti kelas ibu hamil dan menggali informasi dari petugas kesehatan.

Kata Kunci : Pengetahuan, Primigravida, Persiapan persalinan

ABSTRACT

KNOWLEDGE OF PREGNANT WOMEN THIRD TRIMESTER (PRIMIGRAVIDA) ABOUT CHILDBIRTH PREPARATION DURING PANDEMIC COVID-19 IN SEMANDING SUB-DISTRICT

By :

DEVI AYU FIRNANDA
NIM : P2782051804

Preparation for childbirth is divided into three, namely physically, psychologically, and financially. Mother's readiness in facing childbirth during the Covid-19 pandemic makes mothers experience excessive anxiety, especially for primigravida, because they have never felt what the actual delivery process is like. Data from the initial survey conducted to 5 respondents, pregnant women who prepared for delivery physically and financially, there were 3 mothers in the good category, and 2 mothers in the sufficient category. The purpose of this study is to determine how knowledge of third trimester pregnant women (primigravida) about preparation for childbirth during the COVID-19 pandemic in Semanding Sub- District.

The research design used was descriptive with a cross-sectional approach. The population were all pregnant women in the third trimester (primigravida) as many as 100 respondents, with a sample size of 80 respondents. The sampling technique used Simple Random Sampling, the data collection instrument used a questionnaire, after the data was collected , then it was processed or analyzed in tabular form.

The results showed that most of the 58 pregnant women (72%) had good knowledge about preparation for childbirth, almost all pregnant women with good knowledge aged 20-35 years were 45 mothers (77.6%). Almost half of them had high school education and good knowledge as many as 26 mothers (44.8%) and most of the mothers did not work and had good knowledge as many as 39 mothers (67.2%).

Knowledge of childbirth preparation is needed by mothers before delivery. Having knowledge about it will reduce confusion and anxiety before delivery. To improve the knowledge, mothers can take classes for pregnant women and seek information from health workers.

Keywords: Knowledge, Primigravida, Preparation for childbirth.