

ABSTRAK

PENGETAHUAN TENTANG KEPUTIHAN (*FLOUR ALBUS*) PADA MAHASISWI PRODI DIII KEPERAWATAN SUTOMO JURUSAN KEPERAWATAN POLTEKKES KEMENKES SURABAYA

Oleh: Arvina Lita

Keputihan merupakan cairan kental berwarna putih yang keluar dari vagina selain darah. Kurangnya pengetahuan tentang keputihan dapat mempengaruhi pemahaman serta penanganan keputihan, jika tidak ditangani dengan benar akan berakibat fatal bagi kesehatan reproduksi seperti kemandulan, hamil di luar kandungan, kanker leher rahim (*kanker serviks*) yang berujung pada kematian. Tujuan penelitian ini untuk mengetahui pengetahuan tentang keputihan pada mahasiswa Prodi DIII Keperawatan Sutomo Jurusan Keperawatan Poltekkes Kemenkes Surabaya.

Jenis penelitian ini deskriptif dengan teknik *simple random sampling*. Populasi sebanyak 240 mahasiswa, dengan sampel 150 mahasiswa. Data dikumpulkan melalui kuesioner.

Hasil penelitian pengetahuan tentang keputihan pada mahasiswa prodi DIII Keperawatan Sutomo menunjukkan sebagian besar berpengetahuan cukup dan sebagian kecil memiliki pengetahuan yang kurang. Pengetahuan tentang keputihan berdasarkan umur pada mahasiswa Prodi DIII Keperawatan Sutomo sebagian besar berpengetahuan cukup berada pada kelompok mahasiswa berumur 19-20 tahun. Pengetahuan tentang keputihan berdasarkan sumber informasi pada mahasiswa Prodi DIII Keperawatan Sutomo sebagian besar yang berpengetahuan cukup mendapatkan sumber informasi dari media massa.

Diharapkan mahasiswa untuk selalu meningkatkan pengetahuan tentang keputihan dengan cara mengikuti pendidikan kesehatan seperti seminar tentang keputihan, maupun menambah wawasan melalui buku pelajaran, maupun majalah, ataupun media massa. Selain itu, diharapkan mahasiswa juga dapat menerapkan pencegahan keputihan di kehidupan sehari-hari agar dapat meminimalisir terjadinya keputihan patologis.

Kata kunci: Pengetahuan, Keputihan, Mahasiswa (Remaja)

ABSTRACT

KNOWLEDGE ABOUT LEUCORRHOEA (*FLOUR ALBOUS*) IN STUDENT OF DIII SUTOMO NURSING PROGRAM POLYTECHNIC HEALTH MINISTRY OF HEALTH SURABAYA

By: Arvina Lita

Leucorrhoea is a thick white fluid that comes from vagina apart from blood. Lack of knowledge about Leucorrhoea can affect on an understanding and handling about Leucorrhoea, if it isn't handled properly it become fatal for reproductive health such as infertility, pregnancy outside the womb, or cervical cancer wich can lead to death. The purpose of this research is to find out the knowledge about Leucorrhoea in student of DIII Sutomo Nursing Program Polytechnic Health Ministry of Health Surabaya.

This type of research was descriptive with simple random sampling technique. The population was 240 female students, with a sample of 150 female students. Data were collected through a questionnaire.

The results of this research on knowledge about leukorrhea in student of DIII Sutomo Nursing Program Polytechnic Health Ministry of Health Surabaya showed that most of them had sufficient knowledge and some of them had less knowledge. Knowledge of vaginal discharge based on age in student of DIII Sutomo Nursing Program Polytechnic Health Ministry of Health Surabaya, most of them had sufficient knowledge in age 19-20 years old. Knowledge of Leukorrhea based on sources of information in student of DIII Sutomo Nursing Program Polytechnic Health Ministry of Health Surabaya, most of them that had sufficient knowledge got sources of information from the mass media or internet.

Hoped that female collage students to always increase their knowledge about Leucorrhoea or vaginal discharge by attending health education such as seminars about Leucorrhoea, as well from textbooks, magazines, or mass media. In addition, it is hoped that female collage students could applied prevention of leucorrhoea in order to minimize the occurrence of pathological leucorrhoea.

Keywords: Knowledge, Leucorrhoea, Female Collage Student (Teenager)