

DAFTAR LAMPIRAN

- Lampiran 1. Jurnal ke-1 (*Afternoon Exercise Is More Efficacious Than Morning Exercise at Improving Blood Glucose Levels in Individual with Type 2 Diabetes*)
- Lampiran 2. Jurnal ke-2 (*Timing of Exercise Affects Glycemic Control in Type 2 Diabetes Patients Treated with Metformin*)
- Lampiran 3. Jurnal ke-3 (*Extremely Short Duration Interval Exercise Improves 24-H Glycaemia in Men with Type 2 Diabetes*)
- Lampiran 4. Jurnal ke-4 (*Effects of A 12-Week Moderate-Intensity Exercise Training on Blood Glucose Response in Patients with Type 2 Diabetes*)
- Lampiran 5. Jurnal ke-5 (*Unsupervised High-Intensity Interval Training Improves Glycaemic Control But Not Cardiovascular Autonomic Function in Type 2 Diabetes Patients*)
- Lampiran 6. Jurnal ke-6 (*The Health Beneficial Effects of High Intensity Interval Training to Type 2 Diabetes Patient*)
- Lampiran 7. Jurnal ke-7 (*The Effects of Two Weeks High-Intensity Interval Training on Fasting Glucose, Glucose Tolerance and Insulin Resistance in Adolescent Boys: A Pilot Study*)
- Lampiran 8. Jurnal ke-8 (*The Acute Effects of Interval-Type Exercise on Glycemic Control in Type 2 Diabetes Subjects: Importance of Interval Length. A Controlled, Counterbalanced, Crossover Study*)
- Lampiran 9. Surat Izin Penelitian *Literature Review*
- Lampiran 10. Lembar Bimbingan/Konsultasi
- Lampiran 11. Lembar Rekomendasi
- Lampiran 12. Naskah Publikasi