

## ABSTRAK

Kanker payudara adalah tumor ganas yang menyerang jaringan payudara. Kanker payudara merupakan salah satu penyebab utama morbiditas dan mortalitas di seluruh dunia. Pada tahun 2018, angka kejadian kanker payudara di Indonesia sebesar 42,1 per 100.000 penduduk dengan rata-rata kematian 17 per 100.000 penduduk. Tujuan review ini yakni melakukan review berdasarkan jurnal hasil penelitian terbaru yang mengkaji tentang hubungan antara paritas dan riwayat menyusui dengan kanker payudara.

Penelitian ini merupakan penelitian *literature review*. Review dilakukan secara sistematis pada beberapa hasil penelitian terbaru dengan menggunakan pendekatan *Preferred Reporting Items for Systematic Review and Meta-analyses* (PRISMA). Pencarian dilakukan di database *Scopus*, *PubMed*, *Google Scholar* dan Portal Garuda terbatas pada publikasi 5 tahun terakhir dari tahun 2015-2020 dan jurnal teks lengkap.

Hasil pencarian ditemukan 34 jurnal, kemudian dilakukan seleksi jurnal menyisakan 11 jurnal yang memenuhi kriteria inklusi. Dari 11 jurnal tersebut, terdapat 7 jurnal yang menunjukkan ada hubungan antara paritas dengan kanker payudara, serta terdapat 8 jurnal yang menunjukkan ada hubungan antara riwayat menyusui dengan kanker payudara. Secara umum dapat disimpulkan bahwa terdapat hubungan antara paritas dan riwayat menyusui dengan kanker payudara.

**Kata Kunci: Paritas, Menyusui, Kanker Payudara**

## **ABSTRACT**

*Breast cancer is a severe tumor that attacks the breast tissue. Breast cancer is one of the leading causes of morbidity and mortality worldwide. In 2018, the incidence of breast cancer in Indonesia was 42.1 per 100,000 with an average death rate of 17 per 100,000 population. The purpose of this review is to conduct a review based on the latest research journals that study the relationship between parity and a history of breastfeeding with breast cancer.*

*This research is a Literature Review research. Reviews were conducted systematic on several recent research results using the Preferred Reporting Items for Systematic Review and Meta-analysis (PRISMA) approach. Searches were carried out on the Scopus database, PubMed, Google Scholar and Garuda limited to publications for the last 5 years from 2015-2020 and full-text journals.*

*The results found 34 journals, the journal is selected, then there are 11 journals according to the inclusion criteria. From 11 journals, there were 7 journals that showed a relationship between parity and breast cancer, and there were 8 journals that showed a relationship between a history of breastfeeding and breast cancer. In general, it can be concluded that there is a relationship between parity and a history of breastfeeding with breast cancer.*

**Keywords: Parity, Breastfeeding, Breast Cancer**