

ABSTRAK

Kepatuhan Penerapan Protokol Kesehatan Pada Lansia Di Masa Pandemi Covid-19 Di Desa Brayublandong Kecamatan Dawarblandong Kabupaten Mojokerto

Oleh : Evi Ayu Sejati

Latar Belakang: Lansia merupakan salah satu kelompok yang mudah untuk terinfeksi berbagai jenis penyakit salah satunya adalah COVID-19. Lansia yang terinfeksi COVID-19 akan mengalami proses penyembuhan yang lama dan menyebabkan infeksi berat bahkan terjadi kematian pada lansia dikarenakan adanya penurunan daya tahan tubuh. Adanya gangguan kognitif membuat lansia lebih sulit untuk disiplin dalam melakukan protokol kesehatan. **Tujuan:** Mengidentifikasi kepatuhan lansia dalam melaksanakan protokol kesehatan di masa pandemi COVID-19 di Desa Brayublandong. **Metode Penelitian:** Penelitian ini merupakan penelitian deskriptif dengan pendekatan *Cross Sectional* dan teknik pengambilan sampel yaitu *Simple Random Sampling*. Responden penelitian ini adalah lansia di Desa Brayublandong yang berjumlah 71 lansia. Penelitian ini menggunakan lembar kuesioner untuk memperoleh data. **Hasil:** Hasil penelitian kepatuhan lansia dalam menerapkan protokol kesehatan di masa pandemi COVID-19 menunjukkan sebagian besar lansia patuh (60,56%) dan hampir setengahnya lansia tidak patuh (39,44%). **Kesimpulan:** Lansia di Desa Brayublandong yang patuh terhadap penerapan protokol kesehatan lebih banyak dibandingkan dengan lansia yang tidak patuh dikarenakan hampir setengahnya (42,25%) lansia berusia 60-64 tahun dimana usia tersebut baru memasuki usia lanjut sehingga daya kognitif lansia masih baik dan mudah untuk menerima informasi.

Kata kunci : COVID-19, Lansia, Kepatuhan

ABSTRACT

Compliance of Health Protocol Implementation in the Elderly during the Covid-19 Pandemic in Brayublandong Village Dawarblandong Districs Mojokerto Regency

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Introduction: The elderly are one of the groups that are easy to detect various types of diseases, one of which is COVID-19. Elderly people who are exposed to COVID-19 will experience a long healing process and cause severe infections and even death in the elderly due to decreased endurance. The presence of cognitive impairment makes it more difficult for the elderly to be disciplined in carrying out health protocols. **Purpose:** To identify elderly compliance in implementing health protocols during the COVID-19 pandemic in Brayublandong Village. **Methods:** This research is descriptive research with Cross Sectional approach and sampling technique that is Simple Random Sampling. Respondents to this study were elderly in Brayublandong Village which numbered 71 elderly. This study used questionnaire sheets to obtain data. **Results:** The results of the study on elderly adherence in implementing health protocols during the COVID-19 pandemic showed that most of the elderly were obedient (60.56%) and almost half of the elderly were non-compliant (39.44%). **Discussions:** There were more elderly people in Brayublandong who obeyed the implementation of health protocols than the non-compliant elderly because almost half (42.25%) of the elderly are aged 60-64 years where that age has just entered old age so that the cognitive power of the elderly is still good and easy to receive information.

Keywords: COVID-19, Elderly, Compliance