

## ABSTRAK

### ASUHAN KEPERAWATAN RISIKO CEDERA PADA IBU HAMIL DENGAN ANEMIA DI RUMAH SAKIT ISLAM JEMURSARI SURABAYA

Anemia selama masa kehamilan adalah kondisi dimana kadar hemoglobin ibu selama hamil dalam ambang rendah. Oleh sebab itu kemampuan darah untuk membawa oksigen mengalami penurunan dan berkurangnya konsentrasi hemoglobin dalam sirkulasi darah. Risiko cedera pada ibu selama masa kehamilan dengan anemia merupakan masalah yang serius karena ibu dapat mengalami kejadian cedera yang tidak diinginkan selama kehamilan. Oleh karena itu, penting dilakukan penelitian mengenai asuhan keperawatan risiko cedera pada ibu hamil dengan tujuan penelitian adalah untuk mengetahui “Bagaimana Gambaran Asuhan Keperawatan Risiko Cedera Pada Ibu Hamil Dengan Anemia Di Rumah Sakit Islam Jemursari Surabaya”.

Peneliti ini menggunakan metode penelitian deskriptif dalam bentuk studi kasus dengan pendekatan asuhan keperawatan, yang meliputi pengkajian, diagnosa keperawatan, perencanaan, pelaksanaan, dan evaluasi. Unit analisis yang diteliti yakni dua ibu hamil dengan anemia di Rumah Sakit Islam Jemursari Surabaya dengan masalah risiko cedera pada ibu. Data penelitian dikumpulkan dengan menggunakan metode wawancara dengan subyek penelitian, menggunakan catatan rekam medis, dan observasi umum. Instrumen pengumpulan data menggunakan format asuhan keperawatan maternitas.

Berdasarkan analisa data diperoleh kesimpulan pengkajian kedua klien mengalami masalah risiko cedera pada ibu, diagnosis keperawatan ditegakkan pada kedua klien adalah risiko cedera pada ibu dibuktikan dengan penurunan kadar hemoglobin perencanaan terdiri dari observasi, terapeutik, edukasi hingga kolaborasi. Implementasi dilakukan sesuai kebutuhan pasien. Evaluasi pada kedua klien tercapai dengan kriteria hasil kadar hemoglobin dalam rentang normal.

Disarankan bagi perawat untuk terus meningkatkan pendidikan kesehatan bagi ibu hamil akan pentingnya mengkonsumsi tablet Fe dan juga bagi ibu hamil harus termotivasi untuk terus memenuhi kebutuhan tablet Fe agar tidak terjadi anemia dan menyebabkan cedera selama kehamilan.

Kata Kunci: Asuhan Keperawatan, Ibu Hamil dengan Anemia, Risiko Cedera Pada Ibu

## ***ABSTRACT***

### ***NURSING CARE OF INJURY RISK IN PREGNANT MOTHER WITH ANEMIA IN ISLAMIC HOSPITAL JEMURSARI SURABAYA***

Anemia during pregnancy was a condition in which maternal hemoglobin level during pregnancy were low. Therefore the ability of the blood to carried the oxygen decreased and the concentration of hemoglobin decreased in the blood circulation. The risk of the injury to the mother during pregnancy with anemia was a serious problem because the mother could experienced an unwanted injury during pregnancy. Therefore, it was important to conduct researched on nursing care for the risk of injury to pregnant women with the aim of the study is "How to describe Nursing Care for Injury Risk in Pregnant Women with Anemia in Islamic Hospital Jemursari Surabaya".

This researched used a descriptive research method in the form of a case study with a nursing care approached, which included assesment, nurse diagnoses, planning, implementation, and evaluation. The unit of analysis studied was two pregnant women with anemia at the Jemursari Islamic Hospital in Surabaya with the risk of injury to the mother. The data of researched were collected using interviewed method with researched subjects, used medical records, and general observations. Data collection instruments used the format of maternity nursing care.

Based on the analysis of the data it was concluded that the assessment of the two clients experienced the risk of injury to the mother, establishment of diagnosed on both clients is the risk of injury to the mother as evidenced by decrease hemoglobin levels consisted of observation, therapeutic, education, collaboration. Implementation is carried out according to patient needed.. Evaluation on both client outcomes achieved with hemoglobin normal range.

It's recommended for nurse to continue to improve health education for pregnant women on the importance of consume Fe tablets and also for pregnant women to be motivated to continue to preoccupied necessary of Fe tablets so that anemia didn't occurred and cause injured during pregnancy.

**Keywords:** Nursing Care, Pregnant Women with Anemia, Risk of Injury to the Mother