

ABSTRAK

ASUHAN KEPERAWATAN GANGGUAN INTEGRITAS JARINGAN KULIT (ULKUS KAKI DIABETIKUM) PADA KLIEN DIABETES MELLITUS TIPE 2 DI RUMAH SAKIT ISLAM JEMURSARI SURABAYA

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Diabetes melitus (DM) biasa disebut dengan *The Great Imitator* karena penyakit ini dapat mengenai semua organ tubuh dan menimbulkan berbagai macam keluhan seperti poliuria, polidipsia, dan polifagia. Ulkus kaki diabetik merupakan salah satu komplikasi kronik DM yang paling ditakuti. Menurut peneliti, jumlah kematian akibat ulkus kaki diabetik pada penyandang diabetes mellitus di Indonesia semakin meningkat yaitu 32% jika tidak dilakukan perawatan dengan baik. Oleh karena itu, penulis melakukan penelitian mengenai asuhan keperawatan gangguan integritas jaringan kulit (ulkus kaki diabetikum) pada klien diabetes mellitus tipe 2 dengan tujuan untuk meningkatkan kualitas asuhan keperawatan yang berkaitan dengan masalah tersebut.

Penelitian ini menggunakan metode penelitian deskriptif dalam bentuk studi kasus dengan pendekatan asuhan keperawatan, yang meliputi pengkajian, diagnosis, perencanaan, pelaksanaan dan evaluasi. Unit analisis yang diteliti yakni dua pasien DM ulkus kaki diabetik di Ruang Azahra 1 Rumah Sakit Islam Jemursari Surabaya dengan masalah utama kerusakan integritas jaringan. Data penelitian dikumpulkan dengan menggunakan metode wawancara dengan subjek penelitian, menggunakan catatan rekam medis, pengukuran tanda-tanda vital, observasi umum keadaan klien, pengkajian fisik meliputi inspeksi, palpasi, perkusi dan auskultasi.

Berdasarkan analisis data, diperoleh kesimpulan tahap pengkajian, diagnosis keperawatan, perencanaan, pelaksanaan, dan evaluasi sudah dilakukan. Tidak terdapat perbedaan dalam perencanaan antara teori dengan yang dilakukan peneliti. Namun terdapat perbedaan kriteria hasil. Hal ini dikarenakan adanya perbedaan pada kondisi luka.

Diharapkan bagi klien Diabetes Mellitus dengan masalah gangguan integritas jaringan kulit mentaati program terapi yang diberikan serta rutin untuk melakukan perawatan luka.

Kata Kunci : Asuhan Keperawatan, DM Ulkus Kaki Diabetik, Gangguan Integritas Jaringan Kulit

ABSTRACT

NURSING CARE DISORDERS OF SKIN TISSUE INTEGRITY (DIABETIC FOOT ULCER) IN TYPE 2 DIABETES MELLITUS CLIENTS AT JEMURSARI ISLAMIC HOSPITAL SURABAYA

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Diabetes mellitus (DM) is commonly known as The Great Imitator, since this disease could attack all organs of human body and affect to various kinds of symptoms, for instance polyuria, polydipsia, and polyfagia. The scariest chronic complication of diabetes mellitus is indicated by the symptom on the diabetic foot ulcer. According to investigators, numbers of deaths from diabetic foot ulcer in people with diabetes mellitus in Indonesia has increased 32% if not tread properly. Therefore, the author conducted research on nursing care disorders of skin tissue integrity (diabetic foot ulcer) in type 2 diabetes mellitus clients with the purpose to improve the quality of nursing care related to such issues.

This research is using descriptive research method in form of case study with approach nursing care, which covers assesment, diagnosis, planning, implementation, and evaluation. Analysis unit that inspected was two patient with diabetic foot ulcer in Azahra Room 1 At Jemursari Islamic Hospital Surabaya with main case of disorders of skin tissue integrity. Research data was collected by interview method with the research subject, using medical record, measurement of vital signs, general observation to the client, phisycal assesment included inspection, palpation, percussion, and auscultate.

Based on data analysis, was obtained conclusions of the assesment stage, nursing diagnosis, planning, implementation, and evaluation was already done. There are no differences in planning between teory and research conducted. However, there are difference in outcomes. It is because of differences in the condition of the wound.

Expected to the diabetes mellitus clients with disorders of skin tissue integrity problem can be faithful to the therapy program that has been given and routine for wound care.

Keywords : Nursing Care, DM Diabetic Foot Ulcer, Disorders of Skin Tissue Integrity