

ABSTRAK

“ Gambaran Umur dan Jenis Kelamin Siswa Obesitas DI SMA Senopati Sedati Sidoarjo ”.

Survey pendataan yang dilakukan pada 21 November 2017 dan pada tanggal 20 Februari 2018 ditemukan siswa yang mengalami *overweight* dan Obesitas sebesar 19,2 dan 14,2 persen (Screening UKS).

Tujuan penelitian ini adalah mengkaji Gambaran Umur dan Jenis Kelamin Siswa Obesitas DI SMA Senopati Sedati Sidoarjo. Penelitian ini bersifat *Deskriptif*.

Penelitian dilakukan di SMA SENOPATI Sedati Sidoarjo dengan jumlah sampel sebanyak 38 siswa yang mengalami *overweight* dan obesitas, dengan melakukan Anthropometri penimbangan BB dan TB yang dilakukan secara langsung kepada responden.

Hasil Penelitian diketahui bahwa dari 38 responden sebagian besar berjenis kelamin perempuan sebanyak 23 siswi (60,5%).

Kata Kunci : Status Gizi dan Tingkat Obesitas

ABSTRACT

“ Overview of Age and Gender of Obesity Students at Senopati Sedati Sidoarjo High School ”.

The data collection survey was conducted on 21 November 2017 and on 20 February 2018 found students who were overweight and Obesity at 19.2 and 14.2 percent (UKS Screening).

The purpose of this study was to examine the Age and Gender of Obesity Students at Senopati Sedati Sidoarjo High School. This research is descriptive.

The study was conducted at SENOPATI Sedati Sidoarjo High School with a total sample of 38 students who were overweight and obese, by doing anthropometry weighing of BB and TB which is done directly to the respondent.

The results of the study revealed that of the 38 respondents mostly female as many as 23 female students (60.5%).

Keywords : Nutritional Status and Obesity Level