

**PENGARUH PEMBERIAN PMT-PEMULIHAN TERHADAP
STATUS ANEMIA DAN STATUS GIZI IBU HAMIL KEK
(KURANG ENERGI KRONIS)
DI WILAYAH PUSKESMAS PATIHAN KOTA MADIUN**

ABSTRAK

Upaya untuk menangani masalah Anemia dan KEK pada ibu hamil serta meningkatkan status gizi ibu selama hamil adalah dengan PMT-Pemulihan. Penelitian ini bertujuan untuk mengetahui dengan pasti apakah pencapaian hasil, kemajuan dan kendala yang dijumpai dalam pelaksanaan program dapat dinilai, dengan meneliti pengaruh Pemberian PMT-Pemulihan selama 90-120 hari terhadap Status Anemia & Status Gizi Ibu Hamil KEK (Kurang Energi Kronis) di wilayah Puskesmas Patihan Kota Madiun Tahun 2017.

Penelitian ini dilakukakan terhadap 54 orang Ibu Hamil penerima PMT-Pemulihan dengan rancangan penelitian *Deskriptif Analitik* dengan pendekatan *retrospektif* dan dianalisa menggunakan Uji T-test atau uji T berpasangan (*paired T-test*).

Hasil penelitian menunjukkan bahwa ada pengaruh Pemberian PMT-Pemulihan terhadap Status Anemia & Status Gizi Ibu Hamil KEK (Kurang Energi Kronis) di wilayah Puskesmas Patihan Kota Madiun dengan rincian status Anemia menjadi Normal / tidak Anemia sebesar 75,8% dari 33 Ibu Hamil status Anemia dan Status Gizi KEK menjadi tidak KEK / Normal sebesar 57,% dari 21 Ibu hamil status gizi KEK (Kurang Energi Kronis).

Kata kunci : PMT-Pemulihan, Status Anemia, Ibu Hamil KEK

EFFECT OF GIVING SF (SUPPLEMENTARY FEEDING)-RECOVERY ON ANEMIA STATUS AND NUTRITION STATUS OF PREGNANT MOTHER LCE (LESS CHRONIC ENERGY) IN THE AREA THE COMMUNITY HEALTH CENTERS OF PATIHAN OF MADIUN THE CITY

ABSTRACT

Efforts to deal with Anemia and LCE (Less Chronic Energy) problems in pregnant women and improve the nutritional status of mothers during pregnancy is with Giving SF (Supplementary Feeding)-Recovery. This study aims to ascertain whether the achievement of results, progress and constraints encountered in the implementation of the program can be assessed, by examining the effect of SF (Supplementary Feeding)-Recovery for 90-120 days to the Status of Anemia & Nutritional Status of Pregnant Women LCE (Less Chronic Energy) in the area The Community Health Centers of Patihan of Madiun The City in 2017.

This research was carried out on 54 pregnant mothers receiving SF (Supplementary Feeding)-Recovery (Total sample) with Descriptive Analytic research design with retrospective approach and analyzed using T-test or T paired test (pairet T-test).

The results showed that there was an effect of Giving SF (Supplementary Feeding)-Recovery on the Status of Anemia & Nutritional Status of Pregnant Women LCE (Less Chronic Energy) in the area The Community Health Centers of Patihan The City Madiun with details of Anemia status to Normal / no Anemia of 75.8% of 33 Pregnant Women with Anemia status and Nutritional Status of no LCE (Less Chronic Energy) / Normal of 57,% of 21 mothers were pregnant with Pregnant mothers LCE (Less Chronic Energy)

Keywords : SF (Supplementary Feeding)-Recovery, Anemia Status, Pregnant Mothers LCE (Less Chronic Energy)