

**GAMBARAN PENGETAHUAN DAN PRAKTEK  
PENGELOLAAN GARAM BERIODIUM DI  
DESA PANAGUAN WILAYAH KERJA  
PUSKESMAS PANAGUAN  
PAMEKASAN**

**ABSTRAK**

Iodium merupakan salah satu mineral penting bagi kehidupan manusia karena Iodium sangat di perlukan untuk pertumbuhan, perkembangan, dan fungsi otak.. Tujuan penelitian ini untuk mengetahui gambaran pengetahuan dan praktek pengelolaan garam beriodium di di Desa Panaguan Wilayah Kerja Puskesmas Panaguan Kecamatan Proppo Kabupaten Pamekasan.

Metode penelitian ini bersifat deskriptif. Sampel penelitian sebanyak 98 sampel. Teknik pengambilan sampel menggunakan *Simple Random Sampling*.

Dari total 98 orang sebagian besar berpengetahuan kurang, yaitu sebanyak 81 responden (82,7%). Di Desa Panaguan Wilayah Kerja Puskesmas Panaguan Kecamatan Proppo Kabupaten Pamekasan menunjukkan bahwa dari total 98 orang hampir setengahnya kurang dalam praktek pengelolaan garam beriodium sebanyak 43 responden (43,8%).

Peneliti menyarankan kepada ibu rumah tangga untuk memakai garam beriodium untuk masakannya..

***Kata Kunci: Iodium, Pengetahuan, Praktek Pengelolaan Garam.***

**DESCRIPTION OF KNOWLEDGE AND PRACTICE FOR MANAGING  
IODIUM SALT IN VILLAGE MANAGEMENT AREA PUSKESMAS  
PANAGUAN PAMEKASAN**

**ABSTRACT**

*Iodine is one of the important minerals for human life because Iodine is very necessary for growth, development, and brain function. The purpose of this study is to find out an overview of the knowledge and practice of iodized salt management in Panaguan Village in the Working Area of Panaguan Health Center, Proppo District, Pamekasan Regency.*

*This research method is descriptive. The research sample was 98 samples. The sampling technique uses Simple Random Sampling.*

*Of the total 98 people, most of them were lacking in knowledge, namely 81 respondents (82.7%). In Panaguan Village, the Working Area of Panaguan Health Center, Proppo Subdistrict, Pamekasan Regency, shows that out of a total of 98 people, almost half were lacking in iodized salt management practices of 43 respondents (43.8%).*

*Researchers suggest that housewives use iodized salt for their cooking.*

*Keywords: Iodine, Knowledge, Practice Salt Management Practices*