

GAMBARAN ASUPAN ENERGI, PROTEIN DAN STATUS GIZI SEBELUM DAN
SESUDAH PEMBERIAN PMT PADA ANAK BALITA
DI KECAMATAN JATIBANTENG KABUPATEN SITUBONDO
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ABSTRAK

Penanggulangan balita gizi kurang di lakukan dengan Pemberian Makanan Tambahan (PMT). Untuk balita gizi kurang harus mendapatkan perawatan sesuai Tatalaksana Balita Gizi Buruk. PMT diberikan selain formula WHO, juga bisa berupa biskuit yang padat energi dan protein. Penelitian ini bertujuan mengidentifikasi pengaruh pemberian intervensi PMT pada anak balita gizi kurang terhadap Status Gizi. Desain penelitian quasi eksperimental design dengan rancangan penelitian pretest posttest with control group design. subyek sebanyak 45 balita gizi kurang.

Kata Kunci : Asupan Energi, Protein, PMT

ABSTRACT

Nutrition prevention less nutrition done by supplementary feeding. For toddlers malnutrition must get treatment of malnutrition management of malnutrition. supplementary foods are given in addition to the WHO – formula, can also be modified biscuit of energy – intensive formulas and proteins. The objective of the study was to identify the effect of additional food modification on the nutritional status of children under five years old. Design of quasi pra experimental posttest one group design. Subjects as many as 42 balita less nutrition. The result showed that children under five who had severe malnutrition as many as 42 people less than 42 malnutrition to 35 people. In conclusion, supplemental feeding in the form of modification is significantly associated with improved nutritional status of toddlers.

Keywords : Energy intake, proteins, supplementary feeding