

ABSTRAK

PENGETAHUAN DAN SIKAP LANSIA DENGAN KUNJUNGAN LANSIA DI POSYANDU LANSIA DESA TASIKMADU WILAYAH KERJA PUSKESMAS SUMURGUNG KABUPATEN TUBAN

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Posyandu lansia merupakan keterpaduan pelayanan yang dibentuk atas dasar peningkatan populasi lansia, rendahnya jangkauan pelayanan kesehatan, dan lain-lain. Penyelenggaraan dilakukan oleh kader yang terlatih. Namun, program posyandu lansia kurang populer dapat dilihat dari rendahnya kunjungan lansia di Puskesmas yang telah ditunjuk sebagai pelaksana posyandu lansia. Tujuan penelitian ini ingin mengetahui hubungan pengetahuan dan sikap lansia dengan kunjungan posyandu lansia.

Desain penelitian adalah korerasional dengan desain *cross sectional*. Populasi adalah sebagian besar lansia yang berusia 60-74 tahun sebanyak 186 orang. Sampel sebanyak 127 responden dengan teknik *simple random sampling*. Cara pengambilan data menggunakan kuesioner yang kemudian dianalisa dengan presentase, kemudian ditabulasi silang. Variabel independen pengetahuan dengan sikap dan variabel dependen kunjungan posyandu. Data yang diperoleh dengan menggunakan SPSS 16 dengan uji *chi square* tingkat kemaknaan ($p < 0.05$).

Hasil penelitian menunjukkan sebagian besar (60%) lansia di Desa Tasikmadu dengan pengetahuan baik dapat berkunjung dengan aktif. Dan sebagian besar (55,3%) lansia di Desa Tasikmadu dengan sikap baik dengan kunjungan posyandu lansia aktif. Dari hasil uji *Chi-Square* antara pengetahuan dan kunjungan dengan sikap dan kunjungan 0,001 (sig. < 0,05) dengan jumlah responden 186 lansia. Hal ini menunjukkan bahwa H_0 ditolak dan H_1 diterima yang berarti ada hubungan pengetahuan dan sikap dalam kunjungan posyandu lansia di Desa Tasikmadu.

Simpulan dari penelitian ini adalah semakin baik pengetahuan dan sikap lansia maka kunjungan lansia semakin aktif. Diharapkan kepada lansia agar berperan aktif dalam kegiatan posyandu yang diadakan setiap bulan di Desa Tasikmadu.

Kata kunci : Pengetahuan, Sikap, dan Posyandu Lansia

ABSTRACT

KNOWLEDGE AND ATTITUDE OF ELDERLY WITH THEIR VISIT AT POSYANDU FOR ELDERLY IN TASIKMADU VILLAGE, SUMURGUNG PUBLIC HEALTH CENTER, TUBAN REGENCY

By: Dilma Lailatul Wardani

Integrated Service Post (Posyandu) for elderly are integrated services formed on the basis of increasing elderly population, low coverage of health services, and others. Implementation is carried out by trained cadres. However, the elderly posyandu program is less popular, it can be seen from the low number of elderly visits at Public Health Center (Puskesmas) that have been chosen as elderly posyandu implementers. The purpose of this study is to find out the correlation between knowledge and attitudes of the elderly with elderly posyandu visits.

The research design was correlational with cross sectional approach. Population were mostly elderly people aged 60-74 years as many as 186 people. A sample of 127 respondents with simple random sampling technique. Data was collected by using a questionnaire which was then analyzed with a percentage, then cross-tabulated. The independent variables was knowledge with attitudes and dependent variables was posyandu visits. Data obtained by using SPSS 16 with a significance level square test ($p < 0.05$).

The results showed that most (60%) of the elderly in Tasikmadu with good knowledge could visit actively. And most (55.3%) elderly in Tasikmadu Village with good attitude with active elderly posyandu visits. From the results of Chi-Square test between knowledge and visits with attitudes and visits 0.001 (sig. < 0.05) with the number of respondents were 186 respondents. This showed that H_0 was rejected and H_1 was accepted which meant there was a correlation between knowledge and attitude in the posyandu elderly visit in Tasikmadu Village.

The conclusion of this study is that the better the knowledge and attitudes of the elderly, the more active the elderly visit. It is expected that the elderly will play an active role in posyandu activities held every month in Tasikmadu Village.

Keywords: Knowledge, Attitude, and Elderly Posyand

