

ABSTRAK

Asuhan Keperawatan Ibu Nifas Multigravida Hari Pertama Dengan Partus Normal Di Desa Baturetno Kecamatan Tuban Kabupaten Tuban

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Masa nifas merupakan suatu masa antara kelahiran sampai organ-organ reproduksi kembali kekeadaan sebelum hamil (Reeder, 2011). Dari Data BPM Asri Desa Baturetno didapatkan data ibu nifas normal multigravida pada tahun 2018 sebanyak 83 orang. Tujuan dilakukan penelitian ini mendeskripsikan Asuhan Keperawatan Ibu Nifas Multigravida Hari Pertama dengan Partus Normal.

Metode penelitian ini adalah *deskriptif* dalam bentuk studi kasus dengan pendekatan proses keperawatan yang meliputi pengkajian, diagnosa keperawatan, perencanaan, pelaksanaan, evaluasi. Subjek dalam penelitian adalah 2 Ibu Nifas Multigravida Hari Pertama dengan Partus Normal Di Desa Baturetno Kecamatan Tuban Kabupaten Tuban

Hasil studi kasus didapatkan diagnosa keperawatan yang samapadaknya 1 dan 2 yaitu risiko perdarahan berhubungan dengan trauma jaringan. Setelah dilakukan Asuhan Keperawatan yang sama selama 3x24 jam kedua klien didapatkan perdarahan pervaginam tidak lebih dari 500 ml tingkat sehingga tujuan Asuhan Keperawatan tercapai.

Dengan pemberian asuhan keperawatan pada ibu nifas multigravida hari pertama dengan partus normal, ibu diharapkan

Kata Kunci : Asuhan Keperawatan, Nifas Normal, Perdarahan.

ABSTRACT

NURSING CARE OF MULTIGRAVIDA POSTPARTUM MOTHER IN HER FIRST DAY WITH NORMAL PARTUS IN BATURETNO VILLAGE, SUB-DISTRICT OF TUBAN

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The postpartum period is a period between delivery until the reproductive organs return to their state before pregnancy (Reeder, 2011). Data from BPM Asri in Baturetno Village found data on multigravida normal postpartum mothers in 2018 as many as 83 people. The purpose of this study is to determine nursing care for First day multigravida postpartum with normal partus.

This research method was descriptive in the form of case study with a nursing process approach which included assessment, nursing diagnosis, planning, implementation, evaluation. Subjects in the study were 2 first day multigravida postpartum mothers with normal partus in Baturetno village, Tuban District, Tuban Regency

The results of the case study found the same nursing diagnoses in clients 1 and 2, namely the risk of bleeding associated with tissue trauma. After the same nursing care for 3 X 24 hours, the client had vaginal bleeding no more than 500 ml so that the goal of nursing care was achieved.

By giving nursing care to multigravida postpartum mothers on the first day with normal delivery, the mother is expected to be able to know the signs and symptoms of postpartum hemorrhage.

Keywords: *Nursing care, normal partus, bleeding.*