

ABSTRAK

ASUHAN KEPERAWATAN JIWA DENGAN GANGGUAN PERSEPSI SENSORI HALUSINASI PENDENGARAN DI PUSKESMAS SUMURGUNG KECAMATAN PALANG KABUPATEN TUBAN

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Halusinasi pendengaran adalah klien mendengar suara dan bunyi tidak berhubungan dengan stimulus nyata dan orang lain tidak mendengarnya. Perilaku yang muncul adalah mengarahkan telinga pada sumber suara, bicara atau tertawa sendiri, marah-marah tanpa sebab, menutup telinga, mulut komat-kamit, dan nada gerakan tangan. Gangguan jiwa di dunia merupakan masalah yang serius yang perlu mendapatkan perhatian karena tinggi angka penderitanya. Tujuan dilakukan proses keperawatan yaitu memberikan asuhan keperawatan sesuai dengan kebutuhan dan masalah klien sehingga mutu pelayanan keperawatan menjadi optimal.

Penelitian ini menggunakan metode studi kasus dengan pendekatan Asuhan Keperawatan. Subyek penelitian yang digunakan dalam penelitian keperawatan adalah dua klien halusinasi pendengaran di wilayah puskesmas sumurgung. Metode pengambilan data dengan wawancara kepada klien dan keluarga klien, selain itu dengan metode observasi mengamati perilaku klien dan melakukan pemeriksaan fisik. Instrumen pengumpulan data menggunakan format Asuhan Keperawatan sesuai ketentuan berlaku di Prodi Keperawatan Kampus Tuban. Analisa data secara deskriptif.

Berdasarkan pengkajian data ditemukan tanda dan gejala yang mendasari antara klien pertama dan klien kedua berbeda dan diperoleh diagnosa keperawatan yang sama yaitu perubahan persepsi sensori halusinasi pendengaran dengan risiko mencederai diri. Hasil penelitian setelah dilakukan tindakan keperawatan dari kedua klien dapat memahami cara mengontrol halusiansi meskipun dapat disimpulkan klien belum dapat mengatasi masalahnya sebagian.

Pemberian asuhan keperawatan klien dan keluarga dapat mengontrol halusinasi pendengaran yang dialaminya dengan mekanisme koping yang tepat. Selain itu juga dibutuhkan dukungan dari pihak keluarga bertujuan untuk mendukung klien agar dapat mengontrol halusinasinya.

***Kata kunci* : gangguan persepsi sensori: halusinasi pendengaran.**

ABSTRACT

Nursing Care with Perception Disorder of
Auditory hallucinations Sensory in Community Health Center of Sumurgung Sub District of
Palang District of Tuban

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Auditory hallucination is the condition when client hears sound and it is not related to the real stimulus and other people do not hear it. The behavior that arises is directing the ear to the source of sound, talking or laughing to himself, getting angry without cause, closing ears, mumbling mouth, and tone of hand movements. Mental disorders in the world is a serious problem that needs attention because of the high number of sufferers. The purpose of the nursing process is to provide nursing care in accordance with the needs and problems of the client so that the quality of nursing services is optimal.

This research used a case study method with Nursing Care approach. The research subjects used in nursing research were two auditory hallucinating clients in the Health center of Sumurgung. The method of data collection was by interviewing the client and client's family, in addition to the observation method of observing the client's behavior and conducting a physical examination. Data collection instruments using the format of Nursing Care in accordance with applicable provisions in the Nursing Study Program in Campus Tuban. Data were analyzed descriptively.

Based on the study of data found underlying signs and symptoms between the first client and the second client were different and obtained the same nursing diagnosis that was a change in the perception of auditory hallucinations with the risk of self-injury. The results of the research after the nursing actions of the two clients were they could understand how to control hallucinations although it could be concluded that the client had not been able to overcome the problem in part.

Providing client and family nursing care can control the auditory hallucinations they experience by appropriate coping mechanisms. In addition, support from the family is also needed to support the client in order to control his hallucinations.

Keywords: sensory perception disorder: auditory hallucinations.