

ABSTRAK

ASUHAN KEPERAWATAN PADA KLIEN CEDERA KEPALA DI RUANG BOUGENVILE RSUD Dr. R. KOESMA TUBAN

Oleh:

Nur Isnaini Wulan Rahmadhani

Cedera kepala salah satu penyebab utama kematian, kecacatan, dan termasuk masalah kesehatan dan sosial berbagai negara di dunia (Rawis, dkk, 2016). Data rekam medis RSUD dr. R. Koesma Tuban jumlah kasus cedera kepala 3 tahun terakhir masih tinggi. Pada tahun 2017 sejumlah 10 orang, tahun 2018 sejumlah 8 orang, tahun 2019 sejumlah 7 orang. Tujuan penelitian mengetahui asuhan keperawatan pada klien cedera kepala di ruang bougenvile RSUD Dr. R. Koesma Tuban.

Desain penelitian ini deskriptif dalam bentuk studi kasus meliputi pengkajian, diagnosa, perencanaan, pelaksanaan, dan evaluasi. Subjek penelitian adalah 2 klien cedera kepala di ruang bougenvile RSUD dr. R. Koesma Tuban. Metode pengambilan data dengan wawancara dan pemeriksaan fisik menggunakan format asuhan keperawatan yang telah ditentukan.

Didapatkan hasil diagnosa keperawatan pada klien 1 gangguan perfusi jaringan serebral dan nyeri akut, pada klien 2 didapatkan diagnosa keperawatan nyeri akut dan gangguan mobilitas fisik, setelah dilakukan pelaksanaan keperawatan selama 3x24 jam didapatkan kedua klien mengatakan nyeri kepala berkurang setiap harinya, pada klien 1 kesadaran berangsur normal, pada klien 2, mampu melakukan aktifitas fisik sesuai kemampuannya setelah melakukan mobilisasi sederhana yang telah diajarkan perawat.

Cedera kepala menyebabkan komplikasi dan dapat menimbulkan suatu kegawatan jika tidak segera mendapat pertolongan yang intensif, klien cedera kepala yang memiliki tanda-tanda peningkatan tekanan intra kranial perlu penanganan yang serius, untuk itu klien dan keluarga harus dapat mendeteksi dini dan mengenali bahaya dari cedera kepala.

Kata kunci : Asuhan Keperawatan, Cedera Kepala.

ABSTRACT

NURSING CARE FOR HEAD INJURY CLIENTS IN THE BOUGENVILE ROOM AT RSUD DR. R. KOESMA TUBAN

By :

Nur Isnaini Wulan Rahmadhani

Head injury is one of the main causes of death, disability, and includes health and social problems in various countries in the world (Rawis, et al, 2016). Medical records of RSUD dr. R. Koesma Tuban showed the number of head injury cases in the last 3 years was still high. In 2017 there were 10 people, in 2018 there were 8 people, in 2019 there were 7 people. The purpose of this study is to determine nursing care for head injury clients in the bougenvile room of RSUD Dr. R. Koesma Tuban.

The design of this research was descriptive in the form of case studies including assessment, diagnosis, planning, implementation, and evaluation. Subjects were 2 head injury clients in the bougenvile room of RSUD dr. R. Koesma Tuban. The method of collecting data through interviews and physical examinations used a format of nursing care that has been determined.

Obtained the results of nursing diagnoses in client 1 cerebral tissue perfusion disorders and acute pain, in client 2 obtained nursing diagnoses in acute pain and physical mobility disorders, after performing nursing for 3x24 hours, both clients said headache was reduced every day, in client 1 awareness gradually normal, on client 2, able to carry out physical activities according to his ability after the simple mobilization that the nurse has taught.

Head injuries cause complications and can cause an emergency if it doesn't immediately get intensive help, head injury clients who have signs of increased intracranial pressure need serious treatment, for that client and family must be able to detect early and recognize the danger of head injuries.

Keywords : Nursing Care, Head Injury