

ABSTRAK

Kementerian Kesehatan RI
Politeknik Kesehatan Kemenkes Surabaya
Program Studi D-III Kesehatan Lingkungan Kampus Magetan
Penelitian Tugas Akhir, Mei 2019

ELISSA DAMAYANTI

PERBEDAAN STRES KERJA BERDASARKAN MASA KERJA
KARYAWAN DI BAGIAN *WEAVING* II PT. DAN LIRIS SUKOHARJO
TAHUN 2019

(viii + 41 halaman + 9 tabel + 4 gambar + 8 lampiran)

Lingkungan kerja fisik salah satunya ialah kebisingan yang berpengaruh dalam pekerjaan seseorang, kebisingan yang melebihi Nilai Ambang Batas (NAB) dapat berdampak pada gangguan kesehatan. Dampak gangguan kesehatan yaitu gangguan fisiologis, gangguan keseimbangan, dan gangguan pendengaran. Gangguan Psikologis yang dimaksud ialah stres, stres yang diperoleh dari tempat kerja disebut dengan stres kerja. Faktor Penyebab stres salah satunya ialah masa kerja. Variabel penelitian yang di analisis yaitu perbedaan stres kerja berdasarkan masa kerja karyawan di bagian *weaving* II PT. Dan Liris Sukoharjo.

Jenis penelitian ini analitik observasional dengan desain penelitian *cross sectional*. Populasi penelitian ini seluruh karyawan di bagian *weaving* II PT. Dan Liris Sukoharjo dan besar sampel pada penelitian ini sebanyak 125 karyawan. Teknik pengambilan sampel dilakukan secara *Simple Random Sampling*.

Hasil penelitian karyawan yang memiliki masa kerja baru <6 tahun sebanyak 9 orang, karyawan yang memiliki masa kerja sedang 6-10 tahun sebanyak 9 orang, dan karyawan yang memiliki masa kerja lama sebanyak 107 orang. Stres kerja karyawan memiliki nilai rata-rata 120, nilai maximal 142 dan minimal 96 dengan standart deviasi 5.852565. Analisis One Way Anova menunjukkan $p = 0,950 \geq \alpha (0,05)$, bahwa tidak ada perbedaan stres kerja berdasarkan masa kerja karyawan di bagian *weaving* II PT. Dan Liris Sukoharjo.

Kesimpulan dari penelitian tidak ada perbedaan stres kerja berdasarkan masa kerja karyawan di bagian *weaving* II PT. Dan Liris Sukoharjo Tahun 2019.

Kata kunci : *Stres Kerja, Masa Kerja, PT. Dan Liris Sukoharjo.*

Perpustakaan : 18 (1996 – 2018)

ABSTRACT

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JOB STRESS DIFFERENCES BASED ON THE WORK PERIOD OF
EMPLOYEES IN THE WEAVING II PT. DAN LIRIS SUKOHARJO
YEAR 2019

(viii + 41 pages + 9 tables + 4 figures + 8 appendices)

One of the physical work environments is noise that has an effect on one's work, noise that exceeds the Threshold Limit Value (NAB) can have an impact on health problems. The impact of health problems is physiological disorders, balance disorders, and hearing loss. Psychological disorders referred to are stress, stress obtained from the workplace is called work stress. One of the causes of stress is the period of work. The research variables analyzed were work stress differences based on the work period of employees in the weaving II section of PT. Dan Liris Sukoharjo.

This type of research is observational analytic with cross sectional research design. The population of this research is all employees in the weaving II section of PT. Dan Liris Sukoharjo and the sample size in this study were 125 employees. The sampling technique is done by Simple Random Sampling.

The research results of employees who have a new service period of <6 years as many as 9 people, employees who have a working period of 6-10 years as many as 9 people, and employees who have a long working period of 107 people. Employee stress has an average value of 120, a maximum value of 142 and a minimum of 96 with a standard deviation of 5.852565. One Way Anova analysis shows $p = 0.950 > \alpha (0.05)$, that there is no work stress difference based on the work period of employees in the weaving II section of PT. Dan Liris Sukoharjo.

The conclusion of the study was that there was no difference in work stress based on the work period of employees in the weaving II section of PT. Dan Liris Sukoharjo Year 2019.

Key word : *Job Stress, Work Period, PT. Dan Liris Sukoharjo*

Reference : 18 (1996 – 2018)