

ABSTRAK
PENGARUH VIDEO DEMONSTRASI TENTANG *TOILET TRAINING*
MENGGUNAKAN *POTTY CHAIR* TERHADAP PENGETAHUAN IBU
ANAK USIA PRA SEKOLAH DI KB – TK MUHAJIRIN SURABAYA

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Latar Belakang : *Toilet training* yang kurang berhasil dapat berdampak pada masalah kesehatan menyebabkan gangguan perkemihan seperti enuresis, ISK (Infeksi Saluran Kemih), inkontinensia dan dapat memberikan dampak anak tidak percaya diri, emosional, ceroboh, dan keengganan untuk pergi ke toilet. Tujuan dari penelitian ini adalah mengetahui pengaruh video demonstrasi tentang *toilet training* menggunakan *potty chair* terhadap pengetahuan ibu.

Metode : Desain penelitian yang digunakan adalah *Pre eksperimen* dengan pendekatan *One group Pretest-Posttest*. Teknik sampling pada penelitian dengan menggunakan total sampling sebesar 32 ibu anak pra sekolah. Ibu anak pra sekolah diberikan kuesioner *pre test* sebelum diberikan edukasi tentang *toilet training* menggunakan *potty chair* melalui video demonstrasi dan diberikan kuesioner *post test* maka intervensi selesai. *Uji Wilcoxon Signed Rank Test* digunakan untuk membandingkan nilai *pretest* dan *posttest*.

Hasil : Pengetahuan ibu anak pra sekolah sebelum diberikan edukasi 80.25 dan sesudah diberikan edukasi 95.65 dengan median min-max (86.0(40-100) : 100(80-100)). Terdapat pengaruh video demonstrasi tentang *toilet training* menggunakan *potty chair* terhadap pengetahuan ibu dengan *p value* 0.000.

Kesimpulan : Pengetahuan ibu yang memiliki anak usia pra sekolah sebelum diberikan intervensi mengenai toilet training menggunakan *potty chair* melalui video demonstrasi menunjukkan pengetahuan yang baik dan setelah diberikan intervensi mengenai toilet training menggunakan *potty chair* melalui video demonstrasi menunjukkan peningkatan skor pengetahuan hampir seluruhnya memiliki pengetahuan baik.

Kata Kunci : Toilet Training, Pengetahuan, Pra Sekolah

ABSTRACT

THE EFFECT OF VIDEO DEMONSTRATION ABOUT TOILET TRAINING USING A POTTY CHAIR ON KNOWLEDGE MOTHER OF PRESCHOOL AGE CHILDREN IN MUHAJIRIN KB – KINDERGARTEN SURABAYA

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Introduction : Insufficient toilet training can have an impact on health problems, causing urinary disorders such as enuresis, UTI (Urinary Tract Infection), encopresis and can result in children being less confident, emotional, careless and reluctant to go to the toilet. The aim of this research is to determine the effect of a demonstration video about toilet training using a potty chair on mothers' knowledge.

Method : The research design used was Pre-experiment with One group Pretest-Posttest approach. The sampling technique in the research used a total sampling of 32 pre-school children. Mothers of pre-school children were given a pre-test questionnaire before being given education about toilet training using a potty chair through a video demonstration and were given a post-test questionnaire, then the intervention was completed. The Wilcoxon Signed Rank Test was used to compare pretest and posttest scores.

Result : The knowledge of mothers of pre-school children before being given education was 80.25 and after being given education was 95.65 with a median min-max (86.0(40-100): 100(80-100)). There was an influence of video demonstrations about toilet training using a potty chair on mothers' knowledge with p value 0.000.

Discussion : The knowledge of mothers who have pre-school children before being given intervention regarding toilet training using a potty chair via video demonstration shows good knowledge and after being given intervention regarding toilet training using a potty chair via video demonstration shows an increase in knowledge scores, almost all of them have good knowledge.

Keywords : Toilet Training, Knowledge, Pre School