

ABSTRAK

Berbagai macam metode kontrasepsi ditawarkan mulai dari metode sederhana seperti metode kalender, kondom, dan metode modern seperti pil, suntik, implant, *Intra Uterine Device* (IUD), hingga kontrasepsi mantap yaitu Medis Operatif Wanita (MOW) dan Medis Operatif Pria (MOP). Alat kontrasepsi yang mempunyai efektifitas cukup tinggi dan merupakan alat kontrasepsi non hormonal diantaranya IUD. Data Puskesmas Senori tahun 2018 didapatkan angka kejadian KB IUD sebanyak 36 akseptor (0,53%) dari 264 peserta aktif IUD, pada tahun 2019 peserta KB IUD sebanyak 27 (0,39%) dari 291 peserta aktif IUD. Berdasarkan latar belakang tersebut maka peneliti tertarik untuk melakukan penelitian dengan judul “Hubungan Pengetahuan PUS dan Dukungan Suami dengan Pemilihan Kontrasepsi IUD di Puskesmas Senori Tuban”. Penelitian ini merupakan penelitian *analitik korelasional* yang bersifat *cross sectional*. Sampel diambil dengan teknik *porposional stratified random sampling* sejumlah 61 responden. Variabel *independent* adalah pengetahuan PUS dan dukungan suami, sedangkan variabel *dependent* adalah pemilihan metode kontrasepsi IUD. Pengumpulan data menggunakan kuesioner dan checklist. Untuk menganalisis adanya hubungan digunakan *uji chi square* dengan nilai kemaknaan $\alpha=0,05$. Hasil penelitian menunjukkan bahwa sebagian besar 32 (52,5%) pasangan usia subur memiliki pengetahuan baik tentang KB IUD, sebagian besar 35 (57,4%) suami mendukung pasangan usia subur, sebagian besar 35 (57,4%) pasangan usia subur tidak memilih KB IUD. Dari hasil analisis menggunakan *chi square* disimpulkan ada hubungan antara pengetahuan PUS dan dukungan suami dengan pemilihan kontrasepsi IUD. Berdasarkan uraian diatas dapat disimpulkan bahwa pengetahuan dan dukungan suami dengan pemilihan kontrasepsi IUD terdapat hubungan. Sehingga disarankan suami yang memiliki istri sebagai akseptor KB untuk memberikan dukungan yang positif. Akseptor KB disarankan mulai aktif mencari berbagai informasi baik bertanya secara langsung kepada petugas kesehatan atau dari sumber informasi yang lain mengenai KB yang digunakan.

Kata Kunci : pengetahuan PUS, dukungan suami, pemilihan kontrasepsi IUD.

ABSTRACT

A variety of contraceptive methods are offered ranging from simple methods such as the calendar method, condoms, and modern methods such as pills, injections, implants, Intra-Uterine Device (IUD), to solid contraception, Women's Operative Medical (MOW) and Men's Operative Medical (MOP). Contraceptives that have quite high effectiveness and are non-hormonal contraceptives include an IUD. Data from the Senori Community Health Center in 2018 found that the number of IUD birth control programs was 36 acceptors (0.53%) out of 264 active IUD participants, in 2019 IUD KB participants were 27 (0.39%) out of 291 active IUD participants. Based on this background, researchers are interested in conducting research with the title "Relationship between Knowledge and Husband Support with the Selection of IUD Contraception in Senori Tuban Health Center". This research is a cross sectional correlational analytic study. Samples were taken with a stratified random sampling technique of 61 respondents. The independent variable is knowledge and husband's support, while the dependent variable is the selection of IUD contraceptive methods. Data collection using a questionnaire and checklist. To analyze the relationship used the chi square test with significance value $\alpha = 0.05$. The results showed that most 32 (52.5%) couples of childbearing age have good knowledge about IUD contraception, most 35 (57.4%) husbands support couples of childbearing age, most 35 (57.4%) couples of childbearing age choose KB IUD. From the results of the analysis using chi square it was concluded that there was a relationship between EFA knowledge and husband's support with the selection of IUD contraception. Based on the description above it can be concluded that the husband's knowledge and support with the selection of IUD contraception is related. So it is recommended that a husband who has a wife as a KB acceptor for provide positive support. KB acceptors are advised to start active looking for various good information ask directly to the officer health or from other sources of information about family planning used.

Keywords: couples of childbearing age knowledge, husband support, IUD contraception selection.